

50 Freestyle

Rk	Time	Swimmer	Age	Date	City	Meet	
1	25.68	Anna Lydall	23	November 27, 2003	Ste-Foy	Canadian Open	
2	25.93	Chrissy Macauley	21	November 27, 2003	Ste-Foy	Canadian Open	
3	26.05	Nicole Davey	18	February 22, 1997	Halifax	Winter Nationals	
4	26.29	Paige Miller	17	March 11-14, 2009	Toronto	Spring Nationals	relay lead
5	26.40	Anne Blachford	17	December 2-5, 1993	Winnipeg	Winter Prairie Invitational	
6	26.68	Abbey Clarke	17	December 14, 2024	Scarborough	ON Junior International	
7	26.98	Jennifer Noddle	24	November 7-9, 2003	Brantford	Swim International	
8	27.38	Dawn Clarke	17	January 13-15, 1989	St. Catharines	Ontario Cup	
9	27.41	Alisha Harricharan	17	November 13-15, 2009	Brantford	Swim International	
10	27.44	Ashley Gibson	17	January 1999	Etobicoke	NYAC Winter Invitational	
11	27.45	Cindy Bertelink	17	February 24-27, 1993	Saint John	Winter Nationals	
12	27.47	Amelia Peron	17	November 2, 2025	Etobicoke	Harvest Invitational	relay lead
13	27.55	Cierra Glysz	17	November 12, 2016	Etobicoke	SC Age Group International	
14	27.58	Melanie Drozdowsky	18	December 14-16, 2007	Montreal	Provincial 1-2 de Noel	
15	27.59	Scarlytt Vande Vooren	17	November 1, 2025	Etobicoke	Harvest Invitational	
16	27.62	Sheryl Ross	17	February 19-22, 1992	Winnipeg	Winter Nationals	
17	27.62	Meagan Littlejohn	17	March 11-14, 2009	Toronto	Spring Nationals	
18	27.76	Julia Drozdowsky	17	March 4-7, 2004	Etobicoke	ON Junior Provincial Champs	
19	27.78	Brooke Hall	17	December 3, 2011	Etobicoke	Youth Cup	
20	27.78	Simrit Grewal	17	January 14, 2024	Etobicoke	AB Meet	
21	27.89	Laura Wise	17	November 27, 2003	Ste-Foy	Canadian Open	
22	27.90	Michelle Cobb	18	November 14-16, 1997	Brantford	Swim International	relay lead
23	28.06	Victoria Thicke-Rattray	17	December 4, 2010	Etobicoke	Youth Cup	
24	28.24	Kaylee Dakers	17	January 17-18, 2009	Toronto	Ontario Cup	relay lead
25	28.27	Grace Wilkinson	17	November 12-14, 2010	Brantford	Swim International	

100 Freestyle

1	0:55.92	Anna Lydall	23	November 27, 2003	Ste-Foy	Canadian Open	
2	0:56.52	Nicole Davey	18	February 23, 1997	Halifax	Winter Nationals	
3	0:57.18	Anne Blachford	17	December 2-5, 1993	Winnipeg	Winter Prairie Invitational	
4	0:57.50	Paige Miller	17	March 11-14, 2009	Toronto	Spring Nationals	
5	0:58.18	Abbey Clarke	17	December 15, 2024	Scarborough	ON Junior International	
6	0:58.35	Chrissy Macauley	21	November 27, 2003	Ste-Foy	Canadian Open	
7	0:58.42	Cindy Bertelink	17	December 2-5, 1993	Winnipeg	Winter Prairie Invitational	
8	0:58.66	Sophie Cieplucha	17	November 25, 2011	Etobicoke	Canada Cup	
9	0:58.76	Scarlytt Vande Vooren	17	November 1, 2025	Etobicoke	Harvest Invitational	
10	0:59.12	Cierra Glysz	17	December 3, 2016	Etobicoke	Youth Cup	relay lead
11	0:59.23	Michelle Cobb	18	November 14-16, 1997	Brantford	Swim International	
12	0:59.60	Ashley Gibson	17	Season 1999			
13	0:59.70	Amelia Peron	17	November 14, 2025	Scarborough	NYAC Cup	
14	0:59.73	Simrit Grewal	17	January 13, 2024	Etobicoke	AB Meet	
15	0:59.77	Esther Haines	17	February 28, 2010	Etobicoke	ON Junior Provincial Champs	relay lead
16	0:59.92	Alisha Harricharan	17	November 27-29, 2009	Etobicoke	Canada Cup	
17	1:00.19	Dilpreet Bhambra	17	December 14, 2019	Scarborough	ON Junior International	
18	1:00.24	Sheryl Ross	17	Season 1992			
19	1:00.24	Grace Wilkinson	17	February 27, 2011	Nepean	ON Junior Provincial Champs	
20	1:00.56	Meagan Littlejohn	17	March 11-14, 2009	Toronto	Spring Nationals	
21	1:00.57	Melanie Drozdowsky	18	December 14-16, 2007	Montreal	Provincial 1-2 de Noel	
22	1:01.38	Laura Wise	17	December 12-14, 2003	Guelph	TAS-Dash for Cash	
23	1:01.39	Natalie Gallant	18	December 14-16, 2007	Montreal	Provincial 1-2 de Noel	
24	1:01.40	Bayley Dalbec	17	February 7, 2015	Etobicoke	Central Region Champs	
25	1:01.60	Janet Young	17	Feb 28-Mar 3, 2002	Brantford	ON Junior Provincial Champs	

200 Freestyle

1	2:02.88	Anna Lydall	23	February 21, 2004	Halifax	Eastern Canadian Champs
2	2:03.37	Cindy Bertelink	17	December 2-5, 1993	Winnipeg	Winter Prairie Invitational
3	2:03.74	Anne Blachford	19	November 23-26, 1995	Etobicoke	Ontario Cup
4	2:04.14	Paige Miller	18	November 13-15, 2009	Brantford	Swim International
5	2:05.05	Esther Haines	19	December 10, 2011	Guelph	TAS-Dash for Cash
6	2:05.55	Nicole Davey	18	November 14-16, 1997	Brantford	Swim International
7	2:07.04	Sophie Cieplucha	18	December 14, 2012	Montreal	Provincial 1-2 de Noel
8	2:07.12	Abbey Clarke	18	February 9, 2025	Etobicoke	CR Division 1 Champs
9	2:07.25	Alisha Harricharan	18	December 11-13, 2009	Montreal	Invitation de Noel
10	2:07.81	Amelia Peron	17	November 16, 2025	Scarborough	NYAC Cup
11	2:08.13	Kate Mathewson	17	December 3-6, 2009	Etobicoke	Youth Cup
12	2:08.25	Bayley Dalbec	17	February 8, 2015	Etobicoke	Central Region Champs
13	2:08.50	Natalie Gallant	17	December 7-10, 2006	Etobicoke	Youth Cup
14	2:08.57	Grace Wilkinson	17	February 6, 2011	Etobicoke	Central Region Champs
15	2:09.38	Simrit Grewal	17	February 4, 2024	Etobicoke	Central Region Champs
16	2:09.77	Scarlytt Vande Vooren	17	November 16, 2025	Scarborough	NYAC Cup
17	2:10.04	Dilpreet Bhambra	17	December 13, 2019	Scarborough	ON Junior International
18	2:10.49	Michelle Cobb	18	November 14-16, 1997	Brantford	Swim International
19	2:10.92	Cierra Glysz	17	November 11, 2016	Etobicoke	SC Age Group International
20	2:10.94	Melanie Drozdowsky	18	December 14-16, 2007	Montreal	Provincial 1-2 de Noel
21	2:11.32	Brooke Hall	17	December 2, 2011	Etobicoke	Youth Cup
22	2:11.40	Laura Wise	17	March 4-7, 2004	Etobicoke	ON Junior Provincial Champs
23	2:11.73	Victoria Thicke-Rattray	17	November 12-14, 2010	Brantford	Swim International
24	2:11.74	Janet Young	17	Feb 28-Mar 3, 2002	Brantford	ON Junior Provincial Champs
25	2:11.85	Bavindeep Basra	17	December 15, 2013	Gatineau	Invitation de Noel

400 Freestyle

1	4:17.16	Cindy Bertelink	17	February 27, 1993	Saint John	Winter Nationals
2	4:20.40	Esther Haines	17	November 27-29, 2009	Etobicoke	Canada Cup
3	4:26.55	Sophie Cieplucha	18	February 16, 2013	Montreal	Eastern Canadian Champs
4	4:28.83	Anna Lydall	24	December 10-12, 2004	Guelph	TAS-Dash for Cash
5	4:28.88	Amelia Peron	17	November 2, 2025	Etobicoke	Harvest Invitational
6	4:29.06	Bayley Dalbec	17	December 6, 2014	Etobicoke	Youth Cup
7	4:31.73	Dilpreet Bhambra	17	December 14, 2019	Scarborough	ON Junior International
8	4:34.38	Kate Mathewson	17	December 3-6, 2009	Etobicoke	Youth Cup
9	4:35.66	Bavindeep Basra	17	January 17, 2014	Toronto	Ontario Cup
10	4:36.00	Heather Norris	17	February 19, 1999	Halifax	Junior Nationals East
11	4:36.04	Dayna Patterson	18	February 9-11, 1996	Sherbrooke	Junior Nationals East
12	4:38.48	Victoria Cabraja	17	December 3, 2017	Montreal	Invitation Provinciale Neptune
13	4:39.57	Grace Wilkinson	17	November 12-14, 2010	Brantford	Swim International
14	4:40.98	Kaylee Dakers	17	November 7-9, 2008	Brantford	Swim International
15	4:41.95	Natalie Gallant	18	January 6, 2008	Brampton	Cash Challenge
16	4:42.68	Scarlytt Vande Vooren	17	November 2, 2025	Etobicoke	Harvest Invitational
17	4:42.81	Courtney Ranieri	17	February 6, 2009	Etobicoke	Central Region Champs
18	4:43.64	Melanie Drozdowsky	18	November 9-11, 2007	Barrie	Meridian Aquafest
19	4:44.14	Sarah Maddock	17	February 6, 2015	Etobicoke	Central Region Champs
20	4:44.94	Karly Williams	17	November 9-11, 2001	Brantford	Swim International
21	4:45.27	Abbey Clarke	18	January 12, 2025	Brampton	Stephen Clarke Classic
22	4:45.95	Janet Young	17	Feb 28-Mar 3, 2002	Brantford	ON Junior Provincial Champs
23	4:46.67	Parvir Basra	17	February 6, 2015	Etobicoke	Central Region Champs
24	4:47.50	Shailyn MacQueen	17	February 8, 2019	Markham	Central Region Champs
25	4:47.58	Edna Banjanovic	17	December 14, 2013	Gatineau	Invitation de Noel

800 Freestyle

1	8:38.27	Cindy Bertelink	17	February 24, 1993	Saint John	Winter Nationals	
2	8:54.65	Esther Haines	19	February 19, 2012	Gatineau	Eastern Canadian Champs	
3	9:09.76	Heather Norris	17	February 21, 1999	Halifax	Junior Nationals East	
4	9:12.43	Alisha Harricharan	17	January 17-18, 2009	Toronto	Ontario Cup	
5	9:12.65	Amelia Peron	17	November 16, 2025	Scarborough	NYAC Cup	
6	9:16.52	Bayley Dalbec	17	January 16, 2015	Etobicoke	AB Meet	split
7	9:18.84	Bavindeep Basra	17	January 17, 2014	Toronto	Ontario Cup	
8	9:18.93	Anne Blachford	17	February 4-6, 1994	Etobicoke	Ontario Senior Champs	
9	9:24.43	Dayna Patterson	18	February 9-11, 1996	Sherbrooke	Junior Nationals East	
10	9:27.83	Kate Mathewson	17	January 16-17, 2010	Toronto	Ontario Cup	
11	9:28.60	Dilpreet Bhambra	17	November 29, 2019	Montreal	Neptune International de Noel	
12	9:40.83	Sarah Maddock	17	January 16, 2015	Etobicoke	AB Meet	
13	9:42.68	Kaylee Dakers	17	December 4-7, 2008	Etobicoke	Youth Cup	
14	9:43.78	Natalie Gallant	17	January 6, 2007	Brampton	Cash Challenge	
15	9:46.47	Melanie Drozdowsky	18	November 9-11, 2007	Barrie	Meridian Aquafest	
16	9:46.64	Parvir Basra	17	February 5, 2015	Etobicoke	Central Region Champs	split
17	9:47.48	Shailyn MacQueen	17	February 7, 2019	Markham	Central Region Champs	
18	9:56.36	Edna Banjanovic	17	February 13, 2014	Markham	Central Region Champs	
19	10:03.91	Colleen Rombough	17	February 6-9, 2003	Etobicoke	Central Region Champs	
20	10:20.97	Casey Beck	17	October 30, 2004	Brampton	Cobra Survivor	
21	10:29.60	Kristin Whelan	17	November 22, 2013	Brampton	Cash Challenge	
22	10:52.53	Missy Walters	17	October 26, 2014	Milton	Fall Dash 4 Cash	
23	11:45.01	Jasmeen Virk	17	January 10, 2009	Brampton	Cash Challenge	

1500 Freestyle

1	16:23.60	Cindy Bertelink	17	February 26, 1993	Saint John	Winter Nationals	
2	16:50.88	Esther Haines	19	February 16, 2012	Gatineau	Eastern Canadian Champs	
3	17:30.11	Bavindeep Basra	17	December 14, 2013	Gatineau	Invitation de Noel	
4	17:36.94	Bayley Dalbec	17	January 16, 2015	Etobicoke	AB Meet	
5	17:52.67	Dilpreet Bhambra	17	December 15, 2019	Scarborough	ON Junior International	
6	18:01.67	Kate Mathewson	17	February 25, 2009	Nepean	ON Junior Provincial Champs	
7	18:08.59	Victoria Cabraja	17	November 19, 2017	Brampton	Poppy Flowertown Meet	
8	18:25.71	Parvir Basra	17	January 16, 2015	Etobicoke	AB Meet	
9	18:34.52	Courtney Ranieri	17	February 8, 2009	Etobicoke	Central Region Champs	
10	18:49.93	Neira Ligata	17	November 16, 2025	Scarborough	NYAC Cup	

50 Backstroke

1	28.62	Paige Miller	17	March 13, 2009	Toronto	Spring Nationals	
2	29.71	Anne-Marie Andersen	18	March 3, 1990	Saskatoon	Winter Nationals	
3	29.75	Sophie Cieplucha	17	November 27, 2011	Etobicoke	Canada Cup	
4	30.00	Meagan Littlejohn	17	March 13, 2009	Toronto	Spring Nationals	
5	30.05	Brooke Hall	17	December 3, 2011	Etobicoke	Youth Cup	relay lead
6	30.24	Simrit Grewal	17	February 4, 2024	Etobicoke	Central Region Champs	relay lead
7	30.54	Cierra Glysz	17	December 2, 2016	Etobicoke	Youth Cup	relay lead
8	30.67	Alana Colgan	17	February 24, 2011	Nepean	ON Junior Provincial Champs	relay lead
9	30.77	Abbey Clarke	17	November 10, 2024	Scarborough	NYAC Cup	
10	30.81	Bavindeep Basra	17	February 27, 2014	London	ON Age Group Champs	split
11	30.85	Alisha Harricharan	18	February 18-21, 2010	Nepean	Speedo Eastern Canadian Champs	
12	31.00	Victoria Thicke-Rattray	17	February 25, 2010	Etobicoke	ON Junior Provincial Champs	relay lead
13	31.18	Erin Paton	17	December 12-14, 2003	Guelph	TAS-Dash for Cash	relay lead
14	31.28	Lori Borean	18	January 28, 1989	Montreal	Winter Nationals	
15	31.31	Laura Wise	17	December 12-14, 2003	Guelph	TAS-Dash for Cash	relay lead
16	31.45	Natalie Gallant	17	February 15-18, 2007	Montreal	Speedo Eastern Canadian Champs	
17	31.55	Dilpreet Bhambra	17	November 1, 2019	Etobicoke	Harvest Invitational	
18	31.55	Amelia Peron	17	November 16, 2025	Scarborough	NYAC Cup	relay lead
19	32.20	Vanessa Jameer	17	December 11, 2022	Montreal	Invitation Neptune de Noel	
20	32.52	Kaylee Dakers	17	January 9, 2009	Brampton	Cash Challenge	
21	32.56	Julia Drozdowsky	17	October 17-18, 2003	Toronto	Downtown Fall Sprint Meet	
22	32.62	Janet Young	17	Feb 28-Mar 3, 2002	Brantford	ON Junior Provincial Champs	split
23	32.64	Michelle Cobb	18	November 14-16, 1997	Brantford	Swim International	relay lead
24	32.66	Casey Beck	17	December 2-5, 2004	Etobicoke	Youth Cup	
25	32.66	Chrissy Macauley	21	October 17-18, 2003	Toronto	Downtown Fall Sprint Meet	

100 Backstroke

1	1:00.84	Paige Miller	17	December 6, 2008	Etobicoke	Youth Cup	
2	1:03.19	Sophie Cieplucha	17	December 9, 2011	Portland, Ore	Paul Bergen Jr Invitational	
3	1:03.80	Victoria Thicke-Rattray	17	December 3, 2010	Etobicoke	Youth Cup	
4	1:03.86	Anne-Marie Andersen	18	March 3, 1990	Saskatoon	Winter Nationals	
5	1:04.07	Bavindeep Basra	17	February 27, 2014	London	ON Age Group Champs	
6	1:04.35	Alana Colgan	17	February 24, 2011	Nepean	ON Junior Provincial Champs	
7	1:04.47	Abbey Clarke	17	December 14, 2024	Scarborough	ON Junior International	
8	1:04.52	Brooke Hall	17	November 26, 2011	Etobicoke	Canada Cup	
9	1:04.90	Natalie Gallant	17	February 15-18, 2007	Montreal	Speedo Eastern Canadian Champs	
10	1:05.12	Simrit Grewal	17	January 13, 2024	Etobicoke	AB Meet	
11	1:05.99	Anne Blachford	19	November 23-26, 1995	Etobicoke	Ontario Cup	
12	1:06.01	Erica Nagy	17	December 2-5, 1993	Winnipeg	Winter Prairie Invitational	
13	1:06.05	Laura Wise	17	February 19-22, 2004	Halifax	Eastern Candian Champs	
14	1:06.39	Alisha Harricharan	18	February 18-21, 2010	Nepean	Speedo Eastern Canadian Champs	
15	1:06.43	Lisa Parwicki	17	February 9-11, 1996	Sherbrooke	Junior Nationals East	
16	1:06.54	Cierra Glysz	17	December 10, 2016	Etobicoke	CR Large Team Champs	
17	1:06.86	Dilpreet Bhambra	17	November 29, 2019	Montreal	Neptune International de Noel	
18	1:06.98	Erin Paton	17	December 12-14, 2003	Guelph	TAS-Dash for Cash	
19	1:07.16	Nicole Davey	17	November 1996	Winnipeg	Winter Prairie Invitational	
20	1:07.39	Kaylee Dakers	17	January 17-18, 2009	Toronto	Ontario Cup	
21	1:07.47	Kylie Collier	17	December 7, 2018	Scarborough	Youth Cup	
22	1:07.62	Janet Young	17	Feb 28-Mar 3, 2002	Brantford	ON Junior Provincial Champs	
23	1:07.79	Jennifer Archdekin	17	March 1996	Etobicoke	OFSAA Champs	
24	1:07.98	Julia Drozdowsky	17	March 4-7, 2004	Etobicoke	ON Junior Provincial Champs	
25	1:08.68	Scarlytt Vande Vooren	17	November 15, 2025	Scarborough	NYAC Cup	

200 Backstroke

1	2:13.24	Paige Miller	17	December 5, 2008	Etobicoke	Youth Cup
2	2:14.81	Brooke Hall	17	December 10, 2011	Guelph	TAS-Dash for Cash
3	2:15.49	Victoria Thicke-Rattray	17	December 17, 2010	Montreal	Provincial 1-2 de Noel
4	2:15.66	Natalie Gallant	17	March 3, 2007	Etobicoke	ON Junior Provincial Champs
5	2:17.99	Alana Colgan	17	February 26, 2011	Nepean	ON Junior Provincial Champs
6	2:18.39	Erica Nagy	17	December 2-5, 1993	Winnipeg	Winter Prairie Invitational
7	2:18.80	Bavindeep Basra	17	December 14, 2013	Gatineau	Invitation de Noel
8	2:19.06	Sophie Cieplucha	17	December 10, 2011	Portland, Ore	Paul Bergen Jr Invitational
9	2:19.69	Laura Wise	17	March 4-7, 2004	Etobicoke	ON Junior Provincial Champs
10	2:20.90	Kaylee Dakers	17	December 4-7, 2008	Etobicoke	Youth Cup
11	2:21.08	Anne Blachford	17	December 2-5, 1993	Winnipeg	Winter Prairie Invitational
12	2:22.06	Esther Haines	19	December 10, 2011	Guelph	TAS-Dash for Cash
13	2:22.58	Lisa Parwicki	17	November 18-20, 1995	Nepean	Division I Team Champs
14	2:23.00	Cindy Bertelink	17	December 2-5, 1993	Winnipeg	Winter Prairie Invitational
15	2:23.05	Dilpreet Bhambra	17	December 15, 2019	Scarborough	ON Junior International
16	2:23.48	Abbey Clarke	17	November 8, 2024	Scarborough	NYAC Cup
17	2:24.14	Janet Young	17	Feb 28-Mar 3, 2002	Brantford	ON Junior Provincial Champs
18	2:24.17	Simrit Grewal	17	October 28, 2023	Etobicoke	Harvest Invitational
19	2:24.19	Bayley Dalbec	17	February 8, 2015	Etobicoke	Central Region Champs
20	2:25.01	Amelia Peron	17	November 1, 2025	Etobicoke	Harvest Invitational
21	2:25.03	Cierra Glysz	17	December 11, 2016	Etobicoke	CR Large Team Champs
22	2:25.05	Dayna Patterson	17	December 1-4, 1994	Winnipeg	Winter Prairie Invitational
23	2:27.28	Alisha Harricharan	18	December 11-13, 2009	Montreal	Invitation de Noel
24	2:27.71	Alaina Brown	17	February 26, 2005	Nepean	ON Junior Provincial Champs
25	2:27.77	Casey Beck	17	March 4-7, 2004	Etobicoke	ON Junior Provincial Champs

50 Breaststroke

1	33.10	Anne Blachford	18	February 24, 1995	Montreal	Winter Nationals	
2	33.18	Jennifer Noddle	24	November 27-30, 2003	Ste-Foy	Canadian Open	
3	33.33	Sophie Cieplucha	18	November 23, 2012	Etobicoke	Canada Cup	split
4	33.56	Sheryl Ross	17	February 19-22, 1992	Winnipeg	Winter Nationals	
5	33.96	Paige Miller	17	December 4-7, 2008	Etobicoke	Youth Cup	
6	34.63	Kim Bacon	17	December 2001	Montreal	PCSC Invitational	
7	34.66	Brittany Watkins	17	December 2-5, 2004	Etobicoke	Youth Cup	
8	35.08	Ysabelle Acosta	17	December 10, 2022	Montreal	Invitation Neptune de Noel	
9	35.24	Natasha Iacobucci	17	Nov 30-Dec 2, 2001	Etobicoke	ON Senior Provincial Champs	
10	35.42	Kaylee Dakers	17	December 4-7, 2008	Etobicoke	Youth Cup	
11	35.51	Anna Lydall	24	December 2-5, 2004	Etobicoke	Youth Cup	
12	35.52	Cierra Glysz	17	November 12, 2016	Etobicoke	SC Age Group International	
13	35.64	Esther Haines	18	January 7, 2011	Brampton	Cash Challenge	
14	35.91	Yohanna Prajogo	17	Feb 28-Mar 3, 2002	Brantford	ON Junior Provincial Champs	split
15	35.91	Madison Do	17	November 8, 2024	Scarborough	NYAC Cup	
16	36.20	Caelia Moulton	17	December 10, 2022	Montreal	Invitation Neptune de Noel	
17	36.74	Bavindeep Basra	17	December 15, 2013	Gatineau	Invitation de Noel	split
18	36.78	Chrissy Macauley	21	October 17-18, 2003	Toronto	Downtown Fall Sprint Meet	
19	36.80	Victoria Thicke-Rattray	17	January 7, 2011	Brampton	Cash Challenge	
20	37.24	Scarlytt Vande Vooren	17	November 14, 2025	Scarborough	NYAC Cup	
21	37.29	Abbey Clarke	17	October 19, 2024	Brampton	Intraclub	
22	37.40	Melanie Francis	18	February 21, 1999	Halifax	Junior Nationals East	split
23	37.68	Alaina Brown	17	October 22, 2005	Brampton	Cobra Intraclub	
24	37.75	Casey Beck	17	January 7, 2005	Brampton	Cash Challenge	
25	37.77	Alisha Harricharan	17	January 9, 2009	Brampton	Cash Challenge	

100 Breaststroke

1	1:10.51	Jennifer Noddle	24	November 8, 2003	Brantford	Swim International	
2	1:10.57	Paige Miller	18	February 18-21, 2010	Nepean	Speedo Eastern Canadian Champs	
3	1:10.59	Sophie Cieplucha	18	November 23, 2012	Etobicoke	Canada Cup	
4	1:10.67	Anne Blachford	17	December 2-5, 1993	Winnipeg	Winter Prairie Invitational	
5	1:13.26	Sheryl Ross	17	February 19-22, 1992	Winnipeg	Winter Nationals	
6	1:14.02	Victoria Thicke-Rattray	17	December 4, 2010	Etobicoke	Youth Cup	
7	1:14.82	Kim Bacon	17	November 9-11, 2001	Brantford	Swim International	
8	1:14.86	Kaylee Dakers	17	December 4-7, 2008	Etobicoke	Youth Cup	
9	1:15.29	Abbey Clarke	18	February 9, 2025	Etobicoke	CR Division 1 Champs	
10	1:15.35	Natasha Iacobucci	17	Nov 30-Dec 2, 2001	Etobicoke	ON Senior Champs	
11	1:15.39	Brittany Watkins	17	December 2-5, 2004	Etobicoke	Youth Cup	
12	1:15.55	Esther Haines	17	November 13-15, 2009	Brantford	Swim International	
13	1:15.77	Yohanna Prajogo	17	February 15-17, 2002	Hamilton	Joanne Malar Invitational	
14	1:16.11	Madison Do	17	November 10, 2024	Scarborough	NYAC Cup	
15	1:16.16	Christina Hajdu	18	January 24-26, 1997	Toronto	Performance Money Meet	
16	1:16.39	Chrissy Macauley	21	December 12-14, 2003	Guelph	TAS-Dash for Cash	
17	1:16.71	Caelia Moulton	17	November 25, 2022	Markham	Alex Baumann Invitational	
18	1:16.81	Kristin Keery	17	February 9-11, 1996	Sherbrooke	Junior Nationals East	
19	1:17.04	Cindy Bertelink	17	December 2-5, 1993	Winnipeg	Winter Prairie Invitational	
20	1:17.09	Casey Beck	17	March 4-7, 2004	Etobicoke	ON Junior Provincial Champs	
21	1:17.41	Bavindeep Basra	17	February 27, 2014	London	ON Age Group Champs	split
22	1:17.51	Ysabelle Acosta	17	December 11, 2022	Montreal	Invitation Neptune de Noel	
23	1:17.83	Cierra Glysz	17	November 11, 2016	Etobicoke	SC Age Group International	
24	1:18.29	Anna Lydall	23	January 11, 2004	Brampton	Cash Challenge	
25	1:18.55	Amelia Peron	17	November 1, 2025	Etobicoke	Harvest Invitational	

200 Breaststroke

1	2:29.41	Sophie Cieplucha	18	November 24, 2012	Etobicoke	Canada Cup	
2	2:30.30	Jennifer Noddle	24	November 9, 2003	Brantford	Swim International	
3	2:34.73	Esther Haines	18	February 18, 2011	London	Speedo Eastern Canadian Champs	
4	2:36.25	Anne Blachford	19	November 19, 1995	Calgary	Winter Nationals	
5	2:39.14	Kristin Keery	17	February 9-11, 1996	Sherbrooke	Junior Nationals East	
6	2:39.42	Sheryl Ross	17	February 19-22, 1992	Winnipeg	Winter Nationals	
7	2:39.92	Kaylee Dakers	17	January 17-18, 2009	Toronto	Ontario Cup	
8	2:40.30	Natasha Iacobucci	18	December 13-15, 2002	Guelph	TAS-Dash for Cash	
9	2:40.66	Bavindeep Basra	17	December 13, 2013	Gatineau	Invitation de Noel	
10	2:41.10	Brittany Watkins	17	December 10-12, 2004	Guelph	TAS-Dash for Cash	
11	2:41.16	Yohanna Prajogo	17	Feb 28-Mar 3, 2002	Brantford	ON Junior Provincial Champs	
12	2:41.29	Kim Bacon	17	November 9-11, 2001	Brantford	Swim International	
13	2:41.59	Victoria Thicke-Rattray	17	December 18, 2010	Montreal	Provincial 1-2 de Noel	
14	2:42.35	Casey Beck	17	February 19-22, 2004	Halifax	Eastern Canadian Champs	
15	2:42.70	Christina Hajdu	17	November 8-10, 1996	Brantford	Swim International	
16	2:43.19	Madison Do	17	November 8, 2024	Scarborough	NYAC Cup	
17	2:43.54	Kylie Collier	17	December 8, 2018	Scarborough	Youth Cup	
18	2:46.56	Caelia Moulton	17	November 26, 2022	Markham	Alex Baumann Invitational	
19	2:49.20	Paige Miller	18	January 9, 2010	Brampton	Cash Challenge	
20	2:49.90	Chrissy Macauley	21	January 10, 2004	Brampton	Cash Challenge	
21	2:49.91	Alaina Brown	17	December 1-4, 2005	Etobicoke	Youth Cup	
22	2:50.77	Cierra Glysz	17	October 23, 2016	Etobicoke	Harvest Invitational	
23	2:51.19	Sarah Maddock	17	January 18, 2015	Etobicoke	AB Meet	
24	2:51.61	Ysabelle Acosta	17	December 9, 2022	Montreal	Invitation Neptune de Noel	
25	2:53.43	Kate Mathewson	17	January 9, 2010	Brampton	Cash Challenge	

50 Butterfly

1	26.90	Paige Miller	18	August 26, 2009	Charlottetown	Canada Games	
2	27.94	Alisha Harricharan	17	March 11-14, 2009	Toronto	Spring Nationals	
3	28.57	Sophie Cieplucha	17	February 16, 2012	Gatineau	Eastern Canadian Champs	
4	28.70	Abbey Clarke	17	December 14, 2024	Scarborough	ON Junior International	
5	28.83	Nicole Davey	18	November 29-30, 1997	Etobicoke	Speedo Open	
6	28.89	Scarlytt Vande Vooren	17	November 1, 2025	Etobicoke	Harvest Invitational	
7	29.03	Anna Lydall	23	November 27-30, 2003	Ste-Foy	Canadian Open	
8	29.18	Cierra Glysz	17	November 13, 2016	Etobicoke	SC Age Group International	
9	29.71	Jennifer Noddle	24	October 25, 2003	Brampton	Cobra Intraclub	
10	29.99	Amelia Peron	17	November 14, 2025	Scarborough	NYAC Cup	
11	30.04	Brooke Hall	17	November 25, 2011	Etobicoke	Canada Cup	
12	30.30	Vanessa Jameer	17	December 9, 2022	Montreal	Invitation Neptune de Noel	
13	30.45	Natalie Gallant	17	February 15-18, 2007	Montreal	Speedo Eastern Canadian Champs	
14	30.46	Bavindeep Basra	17	february 16, 2014	Windsor	Eastern Canadian Champs	split
15	30.68	Kate Mathewson	17	January 8, 2010	Brampton	Cash Challenge	
16	30.68	Esther Haines	19	February 19, 2012	Gatineau	Eastern Canadian Champs	split
17	30.73	Simrit Grewal	17	December 3, 2023	Montreal	Invitation Noel Neptune	
18	30.79	Auralie Reed	17	November 14, 2025	Scarborough	NYAC Cup	
19	30.94	Melanie Drozdowsky	18	January 4, 2008	Brampton	Cash Challenge	
20	31.12	Brittany Watkins	17	December 2-5, 2004	Etobicoke	Youth Cup	
21	31.23	Scarlytt Vande Vooren	17	October 18, 2025	Brampton	Intraclub	
22	31.24	Victoria Cabraja	17	October 27, 2017	Etobicoke	Harvest Invitational	
23	31.36	Dilpreet Bhambra	17	November 1, 2019	Etobicoke	Harvest Invitational	
24	31.38	Karly Williams	18	Nov 30-Dec 2, 2001	Etobicoke	ON Senior Provincial Champs	
25	31.62	Bayley Dalbec	17	January 17, 2015	Etobicoke	AB Meet	

100 Butterfly

1	0:59.83	Paige Miller	18	February 25, 2010	Etobicoke	Time Trial	
2	1:01.22	Alisha Harricharan	18	February 18-21, 2010	Nepean	Speedo Eastern Canadian Champs	
3	1:02.12	Sophie Cieplucha	17	February 19, 2012	Gatineau	Eastern Canadian Champs	
4	1:02.90	Nicole Davey	18	February 21, 1997	Halifax	Winter Nationals	
5	1:03.02	Jennifer Noddle	24	November 7-9, 2003	Brantford	Swim International	
6	1:03.46	Anne Blachford	17	December 2-5, 1993	Winnipeg	Winter Prairie Invitational	
7	1:04.18	Abbey Clarke	17	December 13, 2024	Scarborough	ON Junior International	
8	1:04.23	Brooke Hall	17	November 12, 2011	Brantford	Swim International	
9	1:04.60	Cindy Bertelink	17	December 2-5, 1993	Winnipeg	Winter Prairie Invitational	
10	1:04.94	Erica Nagy	17	December 2-5, 1993	Winnipeg	Winter Prairie Invitational	
11	1:05.28	Scarlytt Vande Vooren	17	November 16, 2025	Scarborough	NYAC Cup	
12	1:05.42	Melissa Martin	17	November 13-15, 1998	Brantford	Swim International	
13	1:05.46	Cierra Glysz	17	December 3, 2016	Etobicoke	Youth Cup	
14	1:06.02	Esther Haines	19	December 9, 2011	Guelph	TAS-Dash for Cash	split
15	1:06.50	Kate Mathewson	17	December 3-6, 2009	Etobicoke	Youth Cup	
16	1:06.68	Anna Lydall	24	January 9, 2005	Brampton	Cash Challenge	
17	1:06.89	Meagan Littlejohn	17	February 14, 2009	Brampton	Cobra Snow Meet	
18	1:07.00	Amelia Peron	17	November 2, 2025	Etobicoke	Harvest Invitational	
19	1:07.08	Natalie Gallant	18	December 14-16, 2007	Montreal	Provincial 1-2 de Noel	
20	1:07.11	Melanie Drozdowsky	19	January 17-18, 2009	Toronto	Ontario Cup	
21	1:07.87	Laura Wise	17	November 27-30, 2003	Ste-Foy	Canadian Open	
22	1:08.07	Bavindeep Basra	17	February 28, 2014	London	ON Age Group Champs	split
23	1:08.28	Courtney Ranieri	17	February 14, 2009	Brampton	Cobra Snow Meet	
24	1:08.32	Karly Williams	17	November 9-11, 2001	Brantford	Swim International	
25	1:08.65	Vanessa Jameer	17	December 10, 2022	Montreal	Invitation Neptune de Noel	

200 Butterfly

1	2:18.37	Brooke Hall	17	December 3, 2011	Etobicoke	Youth Cup
2	2:18.97	Esther Haines	19	December 9, 2011	Guelph	TAS-Dash for Cash
3	2:19.34	Sophie Cieplucha	17	February 18, 2012	Gatineau	Eastern Canadian Champs
4	2:19.45	Alisha Harricharan	18	December 11, 2009	Montreal	Provincial 1-2 de Noel
5	2:23.71	Erica Nagy	17	December 2-5, 1993	Winnipeg	Winter Prairie Invitational
6	2:24.62	Cindy Bertelink	17	November 19-21, 1993	Nepean	Division 1 Team Champs
7	2:25.19	Bavindeep Basra	17	January 18, 2014	Toronto	Ontario Cup
8	2:26.41	Anne Blachford	17	November 5-7, 1993	Etobicoke	Harvest Invitational
9	2:27.44	Heather Norris	17	February 20, 1999	Halifax	Junior Nationals East
10	2:28.54	Sarah Balbaa	17	February 7-9, 1997	Brantford	Junior Nationals East
11	2:28.65	Paige Miller	18	January 9, 2010	Brampton	Cash Challenge
12	2:28.79	Kate Mathewson	17	December 11, 2009	Montreal	Provincial 1-2 de Noel
13	2:29.65	Karly Williams	17	November 9-11, 2001	Brantford	Swim International
14	2:30.33	Courtney Ranieri	17	February 7, 2009	Etobicoke	Central Region Champs
15	2:32.10	Melanie Drozdowsky	18	November 2-3, 2007	Etobicoke	Harvest Invitational
16	2:33.15	Natalie Gallant	17	January 6, 2007	Brampton	Cash Challenge
17	2:34.34	Bayley Dalbec	17	February 7, 2015	Etobicoke	Central Region Champs
18	2:35.55	Laura Wise	17	January 5, 2004	Brampton	Cash Challenge
19	2:39.70	Yohanna Prajogo	17	February 15-17, 2002	Hamilton	Joanne Malar Invitational
20	2:39.89	Edna Banjanovic	17	February 15, 2014	Markham	Central Region Champs
21	2:42.32	Casey Beck	17	January 8, 2005	Brampton	Cash Challenge
22	2:42.80	Brittany Watkins	17	December 10-12, 2004	Guelph	TAS-Dash for Cash
23	2:47.34	Natasha Iacobucci	18	January 11, 2003	Brampton	Cash Challenge
24	2:49.23	Priyanka Betrabet	17	February 8, 2025	Etobicoke	CR Division 1 Champs
25	2:52.44	Jennifer LaPorte	17	January 11, 2003	Brampton	Cash Challenge

200 Individual Medley

1	2:17.25	Anne Blachford	19	November 25, 1995	Etobicoke	Ontario Cup
2	2:17.32	Sophie Cieplucha	18	December 15, 2012	Montreal	Provincial 1-2 de Noel
3	2:19.12	Jennifer Noddle	24	November 7-9, 2003	Brantford	Swim International
4	2:19.35	Victoria Thicke-Rattray	18	February 20, 2011	London	Speedo Eastern Canadian Champs
5	2:19.58	Paige Miller	18	January 16-17, 2010	Toronto	Ontario Cup
6	2:20.79	Esther Haines	18	February 20, 2011	London	Speedo Eastern Canadian Champs
7	2:21.66	Bavindeep Basra	17	March 2, 2014	London	ON Age Group Champs
8	2:21.98	Cindy Bertelink	17	February 24-27, 1993	Saint John	Winter Nationals
9	2:22.29	Amelia Peron	17	November 15, 2025	Scarborough	NYAC Cup
10	2:22.74	Sheryl Ross	17	February 19-22, 1992	Winnipeg	Winter Nationals
11	2:24.45	Alisha Harricharan	17	December 12-14, 2008	Pickering	Lisa Flood Classic
12	2:24.56	Anna Lydall	23	December 12-14, 2003	Guelph	TAS-Dash for Cash
13	2:24.60	Erica Nagy	17	December 2-5, 1993	Winnipeg	Winter Prairie Invitational
14	2:24.64	Cierra Glysz	17	December 3, 2016	Etobicoke	Youth Cup
15	2:24.98	Abbey Clarke	17	November 9, 2024	Scarborough	NYAC Cup
16	2:26.01	Laura Wise	17	February 19-22, 2004	Halifax	Eastern Canadian Champs
17	2:26.50	Kaylee Dakers	17	December 4-7, 2008	Etobicoke	Youth Cup
18	2:26.79	Kylie Collier	17	December 8, 2018	Scarborough	Youth Cup
19	2:27.15	Melissa Martin	17	Season 1999		
20	2:27.36	Brooke Hall	17	February 19, 2012	Gatineau	Eastern Canadian Champs
21	2:28.44	Christina Hajdu	17	November 1996	Winnipeg	Winter Prairie Invitational
22	2:29.23	Brittany Watkins	17	February 27, 2005	Nepean	ON Junior Provincial Champs
23	2:29.26	Simrit Grewal	17	October 29, 2023	Etobicoke	Harvest Invitational
24	2:29.30	Natalie Gallant	17	March 4, 2007	Etobicoke	ON Junior Provincial Champs
25	2:29.65	Dilpreet Bhambra	17	December 1, 2019	Montreal	Neptune International de Noel

400 Individual Medley

1	4:47.59	Sophie Cieplucha	17	December 9, 2011	Portland, Ore	Paul Bergen Jr Invitational
2	4:49.79	Esther Haines	19	November 25, 2011	Etobicoke	Canada Cup
3	4:51.61	Cindy Bertelink	17	February 26, 1993	Saint John	Winter Nationals
4	4:53.34	Bavindeep Basra	17	February 28, 2014	London	ON Age Group Champs
5	4:58.18	Amelia Peron	17	November 14, 2025	Scarborough	NYAC Cup
6	4:58.41	Anne Blachford	18	February 11-13, 1995	Nepean	Junior Nationals East
7	5:03.68	Victoria Thicke-Rattray	17	November 26, 2010	Etobicoke	Canada Cup
8	5:07.85	Sheryl Ross	17	December 5-8, 1991	Winnipeg	Winter Prairie Invitational
9	5:08.42	Paige Miller	17	December 4-7, 2008	Etobicoke	Youth Cup
10	5:10.03	Laura Wise	17	March 4-7, 2004	Etobicoke	ON Junior Provincial Champs
11	5:11.27	Brooke Hall	17	November 11, 2011	Brantford	Swim International
12	5:11.43	Kaylee Dakers	17	December 4-7, 2008	Etobicoke	Youth Cup
13	5:11.45	Kim Bacon	17	November 9-11, 2001	Brantford	Swim International
14	5:14.53	Kylie Collier	17	November 30, 2018	Montreal	Neptune International de Noel
15	5:14.66	Kate Mathewson	17	December 3-6, 2009	Etobicoke	Youth Cup
16	5:16.11	Alaina Brown	17	December 1-4, 2005	Etobicoke	Youth Cup
17	5:16.30	Natalie Gallant	17	January 7, 2007	Brampton	Cash Challenge
18	5:16.36	Casey Beck	17	March 4-7, 2004	Etobicoke	ON Junior Provincial Champs
19	5:16.71	Brittany Watkins	17	December 2-5, 2004	Etobicoke	Youth Cup
20	5:18.51	Bayley Dalbec	17	November 21, 2014	Brampton	Cash Challenge
21	5:18.88	Abbey Clarke	18	January 11, 2025	Brampton	Stephen Clarke Classic
22	5:24.04	Courtney Ranieri	17	February 7, 2009	Etobicoke	Central Region Champs
23	5:24.95	Natasha Iacobucci	17	November 9-11, 2001	Brantford	Swim International
24	5:25.75	Sarah Maddock	17	February 7, 2015	Etobicoke	Central Region Champs
25	5:30.30	Edna Banjanovic	17	December 13, 2013	Gatineau	Invitation de Noel