

50 Freestyle

Rk	Time	Swimmer	Age	Date	City	Meet	
1	26.79	Robyn Miller	14	March 6, 1993	Brantford	ON Provincial Age Group Champs	
2	26.96	Cierra Glysz	14	December 14, 2013	Gatineau	Invitation de Noel	
3	26.98	Martine Nyhof	14	November 14, 2015	Etobicoke	SC Age Group International	
4	27.29	Riya Chong Ling	14	December 14, 2019	Scarborough	ON Junior International	
5	27.36	Carly Porter	14	March 6, 1993	Brantford	ON Provincial Age Group Champs	
6	27.44	Lisa Parwicki	14	February 24-27, 1993	Saint John	Winter Nationals	
7	27.54	Katie Smith	14	March 1-4, 2001	Nepean	ON Junior Provincial Champs	
8	27.58	Michelle Lee	13	March 6, 1993	Brantford	ON Provincial Age Group Champs	
9	27.71	Natalie Gallant	14	February 19-23, 2004	Halifax	Eastern Canadian Champs	
10	27.75	Lindsay Griffin	14	March 4-6, 1994	Brantford	ON Provincial Age Group Champs	
11	27.76	Alisha Harricharan	14	November 24-26, 2006	Etobicoke	Bell Grand Prix	
12	27.77	Anne Blachford	13	January 26-28, 1990	Brantford	ON A Team Champs	
13	27.77	Kritina Stojadinovic	14	January 17-19, 2009	Toronto	Ontario Cup	
14	27.90	Anna Jensen	14	December 3, 1983			
15	27.97	Sheryl Ross	14	December 1-4, 1988	Etobicoke	Youth Cup	
16	27.98	Ziva Alexander	13	November 15, 2025	Scarborough	NYAC Cup	
17	27.99	Meagan Littlejohn	14	December 7-10, 2006	Etobicoke	Youth Cup	relay lead
18	28.05	Laura Wise	14	March 1-4, 2001	Nepean	ON Junior Provincial Champs	
19	28.15	Jennifer Noddle	14	December 2-5, 1993	Etobicoke	Youth Cup	
20	28.23	Brooke Hall	14	Feb 26-Mar 1, 2009	Nepean	ON Junior Provincial Champs	relay lead
21	28.34	Melissa LeBlonc	13	June 24, 2017	Markham	ON Summer Festival	relay lead
22	28.36	Simrit Grewal	13	January 12, 2020	Etobicoke	A-B Meet	
23	28.39	Carmen Kondra	14	February 9-11, 1990		Ontario Cup	
24	28.42	Melanie Drozdowsky	14	March 4-7, 2004	Etobicoke	ON Junior Provincial Champs	
25	28.43	Michelle Cobb	14	March 4-6, 1994	Brantford	ON Provincial Age Group Champs	

100 Freestyle

1	0:58.49	Robyn Miller	14	March 5, 1993	Brantford	ON Provincial Age Group Champs	
2	0:58.87	Martine Nyhof	14	December 12, 2015	Etobicoke	ON Winter Provincial Champs	
3	0:58.98	Carly Porter	14	December 3-6, 1992	Winnipeg	Winter Prairie Invitational	
4	0:59.34	Riya Chong Ling	14	November 29, 2019	Montreal	Neptune International de Noel	
5	0:59.37	Lisa Parwicki	14	February 24-27, 1993	Saint John	Winter Nationals	
6	0:59.49	Alisha Harricharan	14	December 7-10, 2006	Etobicoke	Youth Cup	
7	0:59.55	Anne Blachford	14	January 1991	Regina	ROD Invitational	
8	0:59.75	Cierra Glysz	14	March 2, 2013	Nepean	ON Provincial Age Group Champs	
9	0:59.87	Laura Wise	14	March 1-4, 2001	Nepean	ON Junior Provincial Champs	
10	0:59.96	Natalie Gallant	14	December 12-14, 2003	Guelph	TAS-Dash for Cash	
11	0:59.98	Lindsay Griffin	14	November 18-20, 1994	Etobicoke	Division 1 Team Champs	
12	1:00.00	Kristina Stojadinovic	14	January 17-19, 2009	Toronto	Ontario Cup	
13	1:00.27	Sophie Cieplucha	14	March 1, 2009	Nepean	ON Junior Provincial Champs	relay lead
14	1:00.49	Michelle Lee	13	March 5, 1993	Brantford	ON Provincial Age Group Champs	
15	1:00.66	Meagan Littlejohn	13	December 1-4, 2005	Etobicoke	Youth Cup	relay lead
16	1:00.85	Anna Jensen	14	January 27, 1984			
17	1:00.92	Paige Hall	14	February 27, 2011	Nepean	ON Junior Provincial Champs	relay lead
18	1:01.03	Dawn Clarke	14	December 5-8, 1985	Etobicoke	Youth Cup	
19	1:01.03	Kate Mathewson	14	December 7-10, 2006	Etobicoke	Youth Cup	
20	1:01.27	Melissa LeBlonc	14	February 10, 2018	Markham	Central Region Champs	
21	1:01.28	Bayley Dalbec	14	February 11, 2012	Etobicoke	Central Region Champs	
22	1:01.31	Jennifer Thompson	14	February 6-8, 1987	Etobicoke	ON Provincial Age Group Champs	
23	1:01.33	Brooke Hall	14	Feb 26-Mar 1, 2009	Nepean	ON Junior Provincial Champs	relay lead
24	1:01.41	Katie Smith	14	March 1-4, 2001	Nepean	ON Junior Provincial Champs	
25	1:01.51	Cindy Bertelink	14	December 6-9, 1990	Etobicoke	Youth Cup	

200 Freestyle

1	2:06.82	Alisha Harricharan	14	December 7, 2006	Etobicoke	Youth Cup	
2	2:08.52	Martine Nyhof	14	December 11, 2015	Etobicoke	ON Winter Provincial Champs	
3	2:08.84	Cierra Glysz	13	March 2, 2012	Nepean	ON Junior Provincial Champs	
4	2:08.98	Carly Porter	14	March 5-7, 1993	Brantford	ON Provincial Age Group Champs	
5	2:09.09	Sophie Cieplucha	14	February 14, 2009	Brampton	Snow Meet	
6	2:09.39	Cindy Bertelink	14	December 1990	Etobicoke		
7	2:09.39	Natalie Gallant	14	December 12-14, 2003	Guelph	TAS-Dash for Cash	
8	2:09.40	Laura Wise	14	January 2001	Toronto	TSC Meet	
9	2:09.68	Paige Hall	14	February 27, 2011	Nepean	ON Junior Provincial Champs	split
10	2:09.75	Riya Chong Ling	14	November 30, 2019	Montreal	Neptune International de Noel	
11	2:10.26	Kate Mathewson	14	March 1-4, 2007	Etobicoke	ON Junior Provincial Champs	
12	2:10.46	Anne Blachford	14	January 1991	Regina	ROD Invitational	
13	2:10.63	Robyn Miller	14	March 5-7, 1993	Brantford	ON Provincial Age Group Champs	
14	2:10.65	Anna Jensen	14	December 3, 1983			
15	2:10.78	Meagan Littlejohn	14	December 7, 2006	Etobicoke	Youth Cup	
16	2:11.52	Bayley Dalbec	14	February 12, 2012	Etobicoke	Central Region Champs	
17	2:11.88	Kristina Stojadinovic	14	December 4-7, 2008	Etobicoke	Youth Cup	
18	2:12.12	Lindsay Griffin	14	November 18-20, 1994	Etobicoke	Division 1 Team Champs	
19	2:12.63	Tessa Cieplucha	14	December 14, 2012	Montreal	Provincial 1-2 de Noel	
20	2:12.81	Dawn Clarke	14	December 5-8, 1985	Etobicoke	Youth Cup	
21	2:12.84	Melissa LeBlonc	14	February 11, 2018	Markham	Central Region Champs	
22	2:13.11	Sabrina Phongphilack	14	February 10, 2013	Etobicoke	Central Region Champs	
23	2:13.46	Danicca Sinanan	14	February 12, 2012	Etobicoke	Central Region Champs	
24	2:14.30	Lisa Parwicki	14	Season 1993			
25	2:14.32	Faith MacQueen	14	February 11, 2018	Markham	Central Region Champs	

400 Freestyle

1	4:22.85	Paige Hall	14	February 27, 2011	Nepean	ON Junior Provincial Champs	
2	4:25.99	Cindy Bertelink	14	December 1, 1990	Etobicoke	Pepsi Canada Cup	
3	4:27.62	Alisha Harricharan	14	December 7-10, 2006	Etobicoke	Youth Cup	
4	4:32.67	Brooke Hall	14	February 27, 2009	Nepean	ON Junior Provincial Champs	
5	4:32.91	Laura Wise	14	March 1-4, 2001	Nepean	ON Junior Provincial Champs	
6	4:32.92	Kate Mathewson	14	December 7-10, 2006	Etobicoke	Youth Cup	
7	4:33.45	Sophie Cieplucha	14	February 27, 2009	Nepean	ON Junior Provincial Champs	
8	4:34.21	Martine Nyhof	14	December 13, 2015	Etobicoke	ON Winter Provincial Champs	
9	4:35.65	Carly Porter	14	December 3-6, 1992	Winnipeg	Winter Prairie Invitational	
10	4:37.57	Tessa Cieplucha	14	January 20, 2013	Toronto	Ontario Cup	
11	4:37.86	Cierra Glysz	13	March 4, 2012	Nepean	ON Junior Provincial Champs	
12	4:38.65	Hayley Lineham	13	March 4, 2012	Nepean	ON Junior Provincial Champs	
13	4:39.08	Faith MacQueen	13	June 25, 2017	Markham	ON Summer Festival	
14	4:39.39	Bayley Dalbec	14	February 10, 2012	Etobicoke	Central Region Champs	
15	4:41.16	Stephanie Wilson	13	December 13, 2015	Etobicoke	ON Winter Provincial Champs	
16	4:41.29	Dayna Patterson	14	November 22-24, 1991	Etobicoke	A Team Champs	
17	4:41.80	Melissa LeBlonc	14	February 9, 2018	Markham	Central Region Champs	
18	4:42.18	Edna Banjanovic	14	February 4, 2011	Etobicoke	Central Region Champs	
19	4:42.25	Bavindeep Basra	13	February 28, 2010	Etobicoke	ON Junior Provincial Champs	
20	4:42.43	Riya Chong Ling	14	November 2, 2019	Etobicoke	Harvest Invitational	
21	4:42.87	Sabrina Phongphilack	14	February 10, 2013	Etobicoke	Central Region Champs	
22	4:43.37	Danicca Sinanan	14	February 10, 2012	Etobicoke	Central Region Champs	
23	4:43.75	Wendy Webber	13	February 23, 1979			
24	4:43.76	Danielle Ranieri	14	February 6, 2009	Etobicoke	Central Region Champs	
25	4:44.26	Kelly West	13	February 25-27, 1983	Sudbury	ON Senior Championships	

800 Freestyle

1	9:01.62	Cindy Bertelink	14	December 2, 1990	Etobicoke	Pepsi Canada Cup	
2	9:09.85	Paige Hall	14	February 26, 2011	Nepean	ON Junior Provincial Champs	
3	9:14.51	Sophie Cieplucha	14	February 28, 2009	Nepean	ON Junior Provincial Champs	
4	9:24.48	Brooke Hall	14	December 4, 2008	Etobicoke	Youth Cup	
5	9:29.87	Alisha Harricharan	14	December 12, 2006	Etobicoke	Youth Cup	split
6	9:30.52	Cierra Glysz	13	January 21, 2012	Milton	Winter Dash 4 Cash	
7	9:31.66	Tessa Cieplucha	13	March 1, 2012	Nepean	ON Junior Provincial Champs	split
8	9:33.00	Hayley Lineham	13	March 3, 2012	Nepean	ON Junior Provincial Champs	
9	9:33.50	Edna Banjanovic	14	February 3, 2011	Etobicoke	Central Region Champs	
10	9:35.08	Martine Nyhof	14	October 30, 2015	Markham	Harvest Invitational	
11	9:36.03	Dayna Patterson	14	November 1991		TOMAC Meet	
12	9:36.22	Kate Mathewson	14	January 6, 2007	Brampton	Cash Challenge	
13	9:36.63	Laura Wise	13	December 2-5, 1999	Etobicoke	Youth Cup	
14	9:37.51	Bavindeep Basra	14	December 2, 2010	Etobicoke	Youth Cup	
15	9:42.06	Anna Jensen	14	December 10, 1983			
16	9:43.34	Stephanie Wilson	13	November 12, 2015	Etobicoke	SC Age Group International	
17	9:43.62	Danielle Ranieri	14	February 5, 2009	Etobicoke	Central Region Champs	
18	9:44.03	Blair Holmes	13	December 2-5, 1999	Etobicoke	Youth Cup	
19	9:44.04	Victoria Cabraja	14	January 16, 2015	Etobicoke	AB Meet	split
20	9:44.32	Faith MacQueen	13	February 18, 2017	Etobicoke	ON Winter Festival	
21	9:44.66	Kelly West	13	February 25-27, 1983	Sudbury	ON Senior Championships	
22	9:45.74	Dilpreet Bhambra	14	February 2, 2017	Etobicoke	Central Region Champs	
23	9:46.08	Sabrina Phongphilack	14	January 4, 2013	Brampton	Cash Challenge	
24	9:47.17	Natalie Gallant	14	December 14, 2003	Guelph	TAS-Dash for Cash	
25	9:47.22	Lisa Parwicki	14	Season 1993			

1500 Freestyle

1	17:21.22	Paige Hall	14	February 24, 2011	Nepean	ON Junior Provincial Champs	
2	17:38.77	Alisha Harricharan	14	December 7, 2006	Etobicoke	Youth Cup	
3	17:39.51	Sophie Cieplucha	14	February 26, 2009	Nepean	ON Junior Provincial Champs	
4	17:47.05	Brooke Hall	14	February 26, 2009	Nepean	ON Junior Provincial Champs	
5	18:00.62	Kate Mathewson	14	December 7, 2006	Etobicoke	Youth Cup	
6	18:00.81	Tessa Cieplucha	13	March 1, 2012	Nepean	ON Junior Provincial Champs	
7	18:11.94	Bavindeep Basra	13	February 25, 2010	Etobicoke	ON Junior Provincial Champs	
8	18:21.79	Victoria Cabraja	14	January 16, 2015	Etobicoke	AB Meet	
9	18:26.98	Hayley Lineham	13	December 9, 2011	Pickering	Lisa Flood Classic	
10	18:29.00	Faith MacQueen	13	December 1, 2016	Etobicoke	Youth Cup	
11	18:30.27	Sabrina Phongphilack	14	December 7, 2012	Pickering	Lisa Flood Classic	
12	18:45.94	Kelsey Dykeman	14	February 5, 2015	Etobicoke	Central Region Champs	
13	18:51.69	Danielle Ranieri	13	February 28, 2008	London	ON Junior Provincial Champs	
14	18:52.90	Shailyn MacQueen	13	February 5, 2015	Etobicoke	Central Region Champs	
15	19:04.96	Martine Nyhof	13	January 16, 2015	Etobicoke	AB Meet	
16	19:12.59	Breyahna Tyme	13	November 21, 2014	Brampton	Cash Challenge	
17	19:13.95	Emily Joy	13	December 3, 2009	Etobicoke	Youth Cup	
18	19:21.31	Sarah Maddock	14	February 12, 2012	Etobicoke	Central Region Champs	
19	19:25.11	Chelsea Uusitalo	13	January 13, 2017	Etobicoke	AB Meet	
20	19:26.77	Parvir Basra	14	February 12, 2012	Etobicoke	Central Region Champs	
21	19:27.08	McKenna Spurrell	14	December 7, 2017	Etobicoke	Trillium Cup	
22	19:33.15	Edna Banjanovic	13	January 22, 2010	Oakville	Oakville Invitational	
23	19:37.63	Julie Goraj	13	January 1995	Caledon	Dorado Stars Invitational	
24	19:43.50	Drew Ashley	13	January 15, 2016	Etobicoke	AB Meet	
25	19:59.62	Christina von Bulow	14	December 11, 2009	Pickering	Lisa Flood Classic	

Cobra Swim Club

13-14 Girls SC Top 25

As of November 2025

50 Backstroke

1	30.32	Martine Nyhof	14	November 13, 2015	Etobicoke	SC Age Group International	
2	30.36	Katie Smith	13	March 2, 2000	Etobicoke	ON Junior Provincial Champs	relay lead
3	30.46	Kristina Stojadinovic	14	January 17-18, 2009	Toronto	Ontario Cup	relay lead
4	30.50	Lisa Parwicki	14	February 24-27, 1993	Saint John	Winter Nationals	
5	30.78	Meagan Littlejohn	13	December 1-4, 2005	Etobicoke	Youth Cup	
6	30.85	Cierra Glysz	14	December 15, 2013	Gatineau	Invitation de Noel	relay lead
7	31.13	Natalie Gallant	14	March 4, 2004	Etobicoke	ON Junior Provincial Champs	relay lead
8	31.19	Riya Chong Ling	14	December 1, 2019	Montreal	Neptune International de Noel	
9	31.25	Tara Dakers	13	February 26, 2009	Nepean	ON Junior Provincial Champs	relay lead
10	31.74	Paige Hall	14	December 12, 2010	Portland, Ore	Paul Bergen Tour	
11	31.77	Breyahna Tyme	14	December 4, 2015	Etobicoke	Mega City	
12	31.80	Simrit Grewal	13	November 30, 2019	Montreal	Neptune International de Noel	relay lead
13	31.97	Alisha Harricharan	14	December 7-10, 2006	Etobicoke	Youth Cup	
14	32.20	Melissa LeBlonc	13	November 11, 2016	Etobicoke	SC Age Group International	
15	32.40	Dawn Clarke	14	December 8, 1985			
16	32.45	Danicca Sinanan	14	December 3, 2011	Etobicoke	Youth Cup	relay lead
17	32.46	Kaylee Dakers	14	December 1-4, 2005	Etobicoke	Youth Cup	
18	32.53	Dilpreet Bhambra	14	February 19, 2017	Etobicoke	ON Winter Festival	relay lead
19	32.56	Tessa Cieplucha	14	December 1, 2012	Etobicoke	Youth Cup	relay lead
20	32.57	Bayley Dalbec	14	March 1, 2012	Nepean	ON Junior Provincial Champs	relay lead
21	32.71	Kalli Buchanan	14	November 2, 2003	Brampton	Cobra Survivor	
22	32.79	Amanda Rogge	14	December 12-14, 2008	Pickering	Lisa Flood Classic	relay lead
23	32.82	Abbey Clarke	14	November 20, 2021	Brampton	Gold Intraclub	
24	32.90	Laura Wise	13	March 2-5, 2000	Etobicoke	ON Junior Provincial Champs	split
25	32.91	Vanessa Jameer	14	December 13, 2019	Markham	OOSC Hello Winter	

100 Backstroke

1	1:04.27	Katie Smith	14	March 4, 2001	Nepean	ON Junior Provincial Champs	
2	1:04.76	Lisa Parwicki	14	February 24-27, 1993	Saint John	Winter Nationals	
3	1:05.23	Riya Chong Ling	14	November 29, 2019	Montreal	Neptune International de Noel	
4	1:05.36	Martine Nyhof	14	November 15, 2015	Etobicoke	SC Age Group International	
5	1:05.45	Natalie Gallant	14	February 19-22, 2004	Halifax	Eastern Canadian Champs	
6	1:05.64	Paige Hall	14	December 10, 2010	Portland, Ore	Paul Bergen Tour	
7	1:05.72	Erica Nagy	14	February 20-23, 1991	Calgary	Winter Nationals	
8	1:05.82	Simrit Grewal	13	February 22, 2020	Windsor	ON Winter Festival	
9	1:06.14	Laura Wise	14	March 4, 2001	Nepean	ON Junior Provincial Champs	
10	1:06.23	Tara Dakers	14	February 25, 2010	Etobicoke	ON Junior Provincial Champs	
11	1:06.33	Kritina Stojadinovic	14	January 17-18, 2009	Toronto	Ontario Cup	
12	1:06.72	Meagan Littlejohn	14	February 23, 2006	London	ON Junior Provincial Champs	
13	1:06.74	Danicca Sinanan	14	December 3, 2011	Etobicoke	Youth Cup	relay lead
14	1:06.85	Jennifer Archdekin	14	March 5-7, 1993	Brantford	ON Provincial Age Group Champs	
15	1:07.02	Robyn Miller	14	March 5-7, 1993	Brantford	ON Provincial Age Group Champs	
16	1:07.06	Cierra Glysz	14	February 28, 2013	Nepean	ON Provincial Age Group Champs	
17	1:07.60	Michelle Lee	13	March 5-7, 1993	Brantford	ON Provincial Age Group Champs	
18	1:07.63	Bayley Dalbec	14	February 11, 2012	Etobicoke	Central Region Champs	
19	1:07.96	McKenna Spurrell	14	January 13, 2018	Etobicoke	AB Meet	
20	1:08.10	Melissa LeBlonc	13	February 18, 2017	Etobicoke	ON Winter Festival	
21	1:08.20	Jennifer Thompson	14	February 6-8, 1987	Etobicoke	ON Provincial Age Group Champs	
22	1:08.57	Tessa Cieplucha	14	February 28, 2013	Nepean	ON Provincial Age Group Champs	
23	1:08.63	Alisha Harricharan	14	December 7-10, 2006	Etobicoke	Youth Cup	
24	1:08.68	Breyahna Tyme	14	December 10, 2015	Etobicoke	ON Winter Provincial Champs	
25	1:08.83	Dawn Clarke	14	January 24-26, 1986		ON Provincial Age Group Champs	

200 Backstroke

1	2:16.64	Erica Nagy	14	February 23, 1991	Calgary	Winter Nationals
2	2:18.09	Katie Smith	14	March 1-4, 2001	Nepean	ON Junior Provincial Champs
3	2:18.13	Paige Hall	14	February 26, 2011	Nepean	ON Junior Provincial Champs
4	2:18.53	Laura Wise	14	March 1-4, 2001	Nepean	ON Junior Provincial Champs
5	2:18.87	Natalie Gallant	14	March 6, 2004	Etobicoke	ON Junior Provincial Champs
6	2:19.03	Martine Nyhof	14	November 14, 2015	Etobicoke	SC Age Group International
7	2:19.20	Lisa Parwicki	14	December 3-6, 1992	Winnipeg	Winter Prairie Invitational
8	2:22.15	Tessa Cieplucha	14	November 10, 2012	Brantford	Swim International
9	2:23.93	Danicca Sinanan	14	November 12, 2011	Brantford	Swim International
10	2:24.47	Bayley Dalbec	14	February 12, 2012	Etobicoke	Central Region Champs
11	2:24.55	Tara Dakers	14	November 13-15, 2009	Brantford	Swim International
12	2:24.58	Cierra Glysz	14	December 14, 2013	Gatineau	Invitation de Noel
13	2:24.61	Breyahna Tyme	14	December 5, 2015	Etobicoke	Mega City
14	2:24.65	Riya Chong Ling	14	November 30, 2019	Montreal	Neptune International de Noel
15	2:24.94	Brooke Hall	14	December 4-7, 2008	Etobicoke	Youth Cup
16	2:25.05	Jennifer Archdekin	14	March 5-7, 1993	Brantford	ON Provincial Age Group Champs
17	2:25.17	Bavindeep Basra	14	November 13, 2010	Brantford	Swim International
18	2:25.34	Simrit Grewal	13	December 14, 2019	Markham	OOSC Hello Winter
19	2:25.80	McKenna Spurrell	14	January 14, 2018	Etobicoke	AB Meet
20	2:25.97	Kaylee Dakers	14	December 1-4, 2005	Etobicoke	Youth Cup
21	2:26.45	Melissa LeBlonc	13	February 19, 2017	Etobicoke	ON Winter Festival
22	2:27.81	Amanda Rogge	14	December 4-7, 2008	Etobicoke	Youth Cup
23	2:27.93	Shona Patterson	13	December 7-10, 1995	Etobicoke	Youth Cup
24	2:28.11	Hilary Jackson	13	March 2-5, 2000	Etobicoke	ON Junior Provincial Champs
25	2:28.30	Meagan Littlejohn	13	November 11-13, 2005	Barrie	Autumn Aquafest

50 Breaststroke

1	33.66	Anne Blachford	14	December 1, 1990	Etobicoke	Pepsi Canada Cup	
2	34.34	Kaylee Dakers	14	December 1-4, 2005	Etobicoke	Youth Cup	
3	34.80	Kim Bacon	13	February 28, 1998	Brantford	ON Provincial Age Group Champs	split
4	35.18	Hannah Longpre	14	December 6, 2014	Etobicoke	Youth Cup	
5	35.31	Victoria Thicke-Rattray	14	January 4, 2008	Brampton	Cash Challenge	
6	35.32	Caelia Moulton	14	November 30, 2019	Montreal	Neptune International de Noel	
7	35.87	Jessica Rafferty	14	November 21-23, 2003	London	Nothers Invitational	
8	35.99	Ysabelle Acosta	13	November 30, 2019	Montreal	Neptune International de Noel	
9	36.23	Tessa Cieplucha	14	December 15, 2012	Montreal	Provincial 1-2 de Noel	split
10	36.25	Kylie Collier	14	November 14, 2015	Etobicoke	SC Age Group International	
11	36.40	Casey Beck	14	November 23-25, 2001	London	Nothers Invitational	
12	36.50	Haley Lang	14	December 7, 2014	Etobicoke	Mega City	
13	36.54	Ziva Alexander	13	November 14, 2025	Scarborough	NYAC Cup	
14	36.56	Kristina Stojadinovic	14	January 9, 2009	Brampton	Cash Challenge	
15	36.79	Amanda Rogge	14	December 4-7, 2008	Etobicoke	Youth Cup	
16	36.91	Brittany Watkins	14	October 19, 2002	Brampton	Cobra Cobra Intraclub	
17	37.10	Cierra Glysz	14	December 13, 2013	Gatineau	Invitation de Noel	split
18	37.35	Natalie Gallant	14	January 9, 2004	Brampton	Cash Challenge	
19	37.40	Madison Fearon	14	December 1, 2018	Montreal	Neptune International de Noel	
20	37.48	Natasha Iacobucci	13	February 28, 1998	Brantford	ON Provincial Age Group Champs	split
21	37.48	Sophie Cieplucha	14	December 4-7, 2008	Etobicoke	Youth Cup	
22	37.49	Melissa LeBlonc	14	October 27, 2017	Etobicoke	Harvest Invitational	
23	37.62	Vanessa Jameer	14	November 30, 2019	Montreal	Neptune International de Noel	
24	37.67	Drew Ashley	13	December 5, 2015	Etobicoke	Mega City	
25	37.82	Linden Chung	13	May 25, 2013	Newmarket	Newmarket Invitational	

100 Breaststroke

1	1:12.15	Anne Blachford	14	February 20, 1991	Calgary	Winter Nationals	
2	1:13.72	Kaylee Dakers	14	February 25, 2006	London	ON Junior Provincial Champs	
3	1:13.75	Jennifer Noddle	14	December 2-5, 1993	Winnipeg	Winter Prairie Invitational	
4	1:13.80	Kim Bacon	13	February 28, 1998	Brantford	ON Provincial Age Group Champs	
5	1:14.78	Tessa Cieplucha	14	March 2, 2013	Nepean	ON Provincial Age Group Champs	
6	1:15.97	Lindsay Griffin	14	March 3-6, 1994	Brantford	ON Provincial Age Group Champs	
7	1:16.39	Hannah Longpre	13	March 1, 2014	London	ON Age Group Champs	
8	1:16.45	Caelia Moulton	14	December 13, 2019	Markham	OOSC Hello Winter	
9	1:16.82	Kristin Keery	14	December 3-6, 1992	Winnipeg	Winter Prairie Invitational	
10	1:17.05	Victoria Thicke-Rattray	14	December 6-9, 2007	Etobicoke	Youth Cup	
11	1:17.94	Sheryl Ross	14	February 17-19, 1989	Etobicoke	A Team Champs	
12	1:18.31	Michelle Cobb	14	March 3-6, 1994	Brantford	ON Provincial Age Group Champs	
13	1:18.43	Tara Dakers	14	November 13-15, 2009	Brantford	Swim International	
14	1:18.47	Natasha Iacobucci	14	March 4-7, 1999	Nepean	ON Provincial Age Group Champs	
15	1:18.50	Casey Beck	14	November 23-25, 2001	London	Nothers Invitational	
16	1:18.52	Cierra Glysz	14	December 13, 2013	Gatineau	Invitation de Noel	split
17	1:18.70	Ziva Alexander	13	November 1, 2025	Etobicoke	Harvest Invitational	
18	1:18.90	Jessica Rafferty	14	November 21-23, 2003	London	Nothers Invitational	
19	1:18.96	Amanda Rogge	13	December 6-9, 2007	Etobicoke	Youth Cup	
20	1:19.04	Kylie Collier	14	December 4, 2015	Etobicoke	Mega City	
21	1:19.04	Melissa LeBlonc	14	February 11, 2018	Markham	Central Region Champs	
22	1:19.12	Katrina Bhagaloo	14	February 26, 2011	Nepean	ON Junior Provincial Champs	
23	1:19.37	Sophie Cieplucha	14	January 11, 2009	Brampton	Cash Challenge	
24	1:19.49	Brittany Watkins	14	February 8-10, 2002	Etobicoke	Central Region Champs	
25	1:20.21	Ysabelle Acosta	13	December 1, 2019	Montreal	Neptune International de Noel	

200 Breaststroke

1	2:37.04	Anne Blachford	14	February 22, 1991	Calgary	Winter Nationals	
2	2:38.58	Kaylee Dakers	14	December 1-4, 2005	Etobicoke	Youth Cup	
3	2:38.99	Jennifer Noddle	14	January 7-9, 1994	Waterloo	ROW Invitational	
4	2:40.15	Kim Bacon	13	March 1, 1998	Brantford	ON Provincial Age Group Champs	
5	2:40.83	Tessa Cieplucha	14	December 15, 2012	Montreal	Provincial 1-2 de Noel	
6	2:42.42	Kristin Keery	14	March 5-7, 1993	Brantford	ON Provincial Age Group Champs	
7	2:43.47	Cierra Glysz	14	December 13, 2013	Gatineau	Invitation de Noel	
8	2:44.89	Victoria Thicke-Rattray	14	December 6-9, 2007	Etobicoke	Youth Cup	
9	2:44.89	Caelia Moulton	14	November 29, 2019	Montreal	Neptune International de Noel	
10	2:46.12	Bavindeep Basra	14	December 3, 2010	Etobicoke	Youth Cup	
11	2:46.93	Brittany Watkins	14	November 8-10, 2002	Brantford	Swim International	
12	2:46.94	Blair Holmes	13	December 2-5, 1999	Etobicoke	Youth Cup	
13	2:47.11	Sophie Cieplucha	14	January 10, 2009	Brampton	Cash Challenge	
14	2:47.27	Tara Dakers	14	November 13-15, 2009	Brantford	Swim International	
15	2:47.86	Cindy Bertelink	14	December 6-9, 1990	Etobicoke	Youth Cup	
16	2:48.04	Casey Beck	14	November 9-11, 2001	Brantford	Swim International	
17	2:48.27	Hannah Longpre	13	February 27, 2014	London	ON Provincial Age Group Champs	
18	2:48.77	Amanda Rogge	13	December 14-16, 2007	Montreal	Provincial 1-2 de Noel	
19	2:48.93	Carrie Patterson	14	March 2-5, 1995	Brantford	ON Provincial Age Group Champs	
20	2:49.39	Ziva Alexander	13	November 2, 2025	Etobicoke	Harvest Invitational	
21	2:49.77	Katrina Bhagaloo	14	February 5, 2011	Etobicoke	Central Region Champs	
22	2:50.01	Sheryl Ross	14	March 3-5, 1989	Brantford	ON Provincial Age Group Champs	
23	2:50.56	Melissa LeBlonc	14	February 10, 2018	Markham	Central Region Champs	
24	2:50.72	Melanie Francis	13	Season 1996			
25	2:52.19	Amelia Peron	14	February 4, 2023	Etobicoke	Central Region Champs	

Cobra Swim Club

13-14 Girls SC Top 25

As of November 2025

50 Butterfly

1	28.35	Riya Chong Ling	14	December 14, 2019	Scarborough	ON Junior International	
2	29.12	Alisha Harricharan	13	December 3, 2005	Etobicoke	Youth Cup	
3	29.55	Martine Nyhof	14	November 15, 2015	Etobicoke	SC Age Group International	
4	29.57	Cierra Glysz	14	December 13, 2013	Gatineau	Invitation de Noel	
5	29.67	Anna Jensen	14	December 3, 1983			
6	30.13	Brooke Hall	14	January 9, 2009	Brampton	Cash Challenge	
7	30.28	Kristina Stojadinovic	14	January 17-18, 2009	Toronto	Ontario Cup	
8	30.29	Vanessa Jameer	14	November 29, 2019	Montreal	Neptune International de Noel	
9	30.32	Blair Holmes	13	March 2-5, 2000	Etobicoke	ON Junior Provincial Champs	split
10	30.38	Melissa LeBlond	14	December 1, 2017	Montreal	Invitation Provinciale Neptune	
11	30.44	Meagan Littlejohn	14	October 21, 2006	Brampton	Cobra Intraclub	
12	30.49	Sophie Cieplucha	14	February 14, 2009	Brampton	Cobra Snow Meet	
13	30.73	Natalie Gallant	14	January 9, 2004	Brampton	Cash Challenge	
14	30.78	Tessa Cieplucha	14	March 3, 2013	Nepean	ON Provincial Age Group Champs	split
15	30.82	Kalli Buchanan	14	November 2, 2003	Brampton	Cobra Survivor	
16	31.11	Kate Mathewson	14	January 5, 2007	Brampton	Cash Challenge	
17	31.19	Shailyn MacQueen	14	November 15, 2015	Etobicoke	SC Age Group International	
18	31.27	Jeslyn Arel	13	November 29, 2019	Montreal	Neptune International de Noel	
19	31.28	Katie Smith	13	March 2-5, 2000	Etobicoke	ON Junior Provincial Champs	split
20	31.28	Jasmine Rogers	14	December 13, 2013	Gatineau	Invitation de Noel	
21	31.46	Simrit Grewal	13	January 11, 2020	Etobicoke	A-B Meet	
22	31.53	Edna Banjanovic	14	January 7, 2011	Brampton	Cash Challenge	
23	31.61	Stephanie Wilson	13	November 15, 2015	Etobicoke	SC Age Group International	
24	31.75	Melanie Drozdowsky	14	January 9, 2004	Brampton	Cash Challenge	
25	31.79	Ziva Alexander	13	November 1, 2025	Etobicoke	Harvest Invitational	

100 Butterfly

1	1:02.35	Riya Chong Ling	14	December 13, 2019	Scarborough	ON Junior International	
2	1:04.13	Alisha Harricharan	14	November 25, 2006	Etobicoke	Bell Grand Prix	
3	1:04.15	Martine Nyhof	14	December 5, 2015	Etobicoke	Mega City	
4	1:04.19	Cierra Glysz	14	March 1, 2013	Nepean	ON Provincial Age Group Champs	
5	1:04.89	Brooke Hall	14	February 26, 2009	Nepean	ON Junior Provincial Champs	
6	1:04.90	Anna Jensen	13	March 26, 1983	Sudbury	Eastern Junior Nationals	
7	1:04.94	Blair Holmes	14	November 2000	Brantford	Swim International	
8	1:05.36	Anne Blachford	14	February 15-17, 1991	Etobicoke	ON Provincial Age Group Champs	
9	1:05.45	Jennifer Thompson	14	February 6-8, 1987	Etobicoke	ON Provincial Age Group Champs	
10	1:05.91	Sophie Cieplucha	14	February 26, 2009	Nepean	ON Junior Provincial Champs	
11	1:06.48	Kate Mathewson	14	March 1, 2007	Etobicoke	ON Junior Provincial Champs	
12	1:06.63	Shona Patterson	13	December 7-10, 1995	Etobicoke	Youth Cup	
13	1:06.69	Carly Porter	14	December 3-6, 1992	Winnipeg	Winter Prairie Invitational	
14	1:06.75	Natalie Gallant	14	December 12-14, 2003	Guelph	TAS-Dash for Cash	
15	1:06.80	Jennifer Noddle	14	November 19-21, 1993	Nepean	Division 1 Team Champs	
16	1:06.86	Lindsay Griffin	14	November 18-20, 1994	Etobicoke	Division 1 Team Champs	
17	1:06.97	Shailyn MacQueen	14	December 5, 2015	Etobicoke	Mega City	
18	1:07.45	Carmen Kondra	14	February 23-25, 1990	Nepean	ON Provincial Age Group Champs	
19	1:07.62	Kim Bacon	14	March 4-7, 1999	Nepean	ON Provincial Age Group Champs	
20	1:07.67	Bavindeep Basra	14	December 18, 2010	Montreal	Provincial 1-2 de Noel	
21	1:07.82	Meagan Littlejohn	14	December 7-10, 2006	Etobicoke	Youth Cup	
22	1:07.90	Stephanie Wilson	13	December 11, 2015	Etobicoke	ON Winter Provincial Champs	
23	1:08.03	Tessa Cieplucha	14	March 1, 2013	Nepean	ON Provincial Age Group Champs	split
24	1:08.22	Michelle Cobb	14	March 3-6, 1994	Brantford	ON Provincial Age Group Champs	
25	1:08.31	Katie Smith	13	March 2-5, 2000	Etobicoke	ON Junior Provincial Champs	

200 Butterfly

1	2:18.87	Alisha Harricharan	14	November 26, 2006	Etobicoke	Canadian Grand Prix
2	2:19.24	Brooke Hall	14	February 28, 2009	Nepean	ON Junior Provincial Champs
3	2:21.84	Sophie Cieplucha	14	February 28, 2009	Nepean	ON Junior Provincial Champs
4	2:22.08	Martine Nyhof	14	December 12, 2015	Etobicoke	ON Winter Provincial Champs
5	2:22.47	Anna Jensen	14	January 27, 1984		
6	2:23.29	Blair Holmes	13	March 2-5, 2000	Etobicoke	ON Junior Provincial Champs
7	2:24.09	Bavindeep Basra	14	December 17, 2010	Montreal	Provincial 1-2 de Noel
8	2:24.23	Cierra Glysz	14	March 2, 2013	Nepean	ON Provincial Age Group Champs
9	2:25.66	Hayley Lineham	13	March 3, 2012	Nepean	ON Junior Provincial Champs
10	2:25.75	Shailyn MacQueen	14	November 13, 2015	Etobicoke	SC Age Group International
11	2:26.84	Faith MacQueen	13	June 25, 2017	Markham	ON Summer Festival
12	2:27.95	Anne Blachford	14	January 1991	Etobicoke	Ontario Cup
13	2:28.04	Natalie Gallant	13	Feb 27-Mar 2, 2003	Nepean	ON Junior Provincial Champs
14	2:28.39	Cindy Bertelink	14	December 6-9, 1990	Etobicoke	Youth Cup
15	2:29.34	Erica Nagy	14	February 15-17, 1991	Etobicoke	ON Provincial Age Group Champs
16	2:29.60	Kate Mathewson	14	January 12-14, 2007	Toronto	ON Senior Provincial Champs
17	2:29.70	Wendy Webber	13	February 23, 1979		
18	2:30.19	Robyn Goraj	14	December 3-6, 1992	Winnipeg	Winter Prairie Invitational
19	2:30.27	Tessa Cieplucha	13	December 3, 2011	Etobicoke	Youth Cup
20	2:30.35	Sarah Balbaa	14	March 3-6, 1994	Brantford	ON Provincial Age Group Champs
21	2:30.52	Edna Banjanovic	14	December 17, 2010	Montreal	Provincial 1-2 de Noel
22	2:30.65	Jennifer Noddle	14	November 19-21, 1993	Nepean	Division 1 Team Champs
23	2:31.26	Kelly West	13	Season 1983		
24	2:31.88	Shona Patterson	13	December 7-10, 1995	Etobicoke	Youth Cup
25	2:32.03	Brittany Zawadowski	13	March 4-7, 1999	Nepean	ON Provincial Age Group Champs

200 Individual Medley

1	2:19.80	Anne Blachford	14	February 23, 1991	Calgary	Winter Nationals
2	2:21.36	Tessa Cieplucha	14	March 3, 2013	Nepean	ON Provincial Age Group Champs
3	2:24.23	Jennifer Noddle	14	December 2-5, 1993	Etobicoke	Youth Cup
4	2:25.30	Cierra Glysz	14	March 3, 2013	Nepean	ON Provincial Age Group Champs
5	2:25.64	Natalie Gallant	14	December 12-14, 2003	Guelph	TAS-Dash for Cash
6	2:25.97	Sophie Cieplucha	14	March 1, 2009	Nepean	ON Junior Provincial Champs
7	2:26.05	Brooke Hall	14	March 1, 2009	Nepean	ON Junior Provincial Champs
8	2:26.15	Katie Smith	14	March 1-4, 2001	Nepean	ON Junior Provincial Champs
9	2:26.17	Lisa Parwicki	14	December 3-6, 1992	Winnipeg	Winter Prairie Invitational
10	2:26.45	Laura Wise	14	March 1-4, 2001	Nepean	ON Junior Provincial Champs
11	2:26.46	Tara Dakers	14	February 28, 2010	Etobicoke	ON Junior Provincial Champs
12	2:26.49	Bavindeep Basra	14	December 18, 2010	Montreal	Provincial 1-2 de Noel
13	2:27.13	Erica Nagy	14	February 15-17, 1991	Etobicoke	ON Provincial Age Group Champs
14	2:27.61	Blair Holmes	14	March 1-4, 2001	Nepean	ON Junior Provincial Champs
15	2:27.65	Cindy Bertelink	14	December 6-9, 1990	Etobicoke	Youth Cup
16	2:27.69	Kristina Stojadinovic	14	January 10, 2009	Brampton	Cash Challenge
17	2:27.96	Riya Chong Ling	14	November 3, 2019	Etobicoke	Harvest Invitational
18	2:28.21	Lindsay Griffin	14	November 18-20, 1994	Etobicoke	Division 1 Team Champs
19	2:28.42	Amanda Rogge	13	March 2, 2008	London	ON Junior Provincial Champs
20	2:28.62	Kim Bacon	14	March 4-7, 1999	Nepean	ON Provincial Age Group Champs
21	2:28.76	Kylie Collier	14	December 4, 2015	Etobicoke	Mega City
22	2:28.97	Robyn Miller	14	March 5-7, 1993	Brantford	ON Provincial Age Group Champs
23	2:29.01	Kaylee Dakers	14	December 9-11, 2005	Guelph	TAS-Dash for Cash
24	2:29.12	Martine Nyhof	13	March 1, 2015	Brantford	ON Provincial Age Group Champs
25	2:29.79	Paige Hall	13	December 3-6, 2009	Etobicoke	Youth Cup

400 Individual Medley

1	4:58.04	Tessa Cieplucha	14	March 1, 2013	Nepean	ON Provincial Age Group Champs
2	5:01.50	Anne Blachford	14	February 21, 1991	Calgary	Winter Nationals
3	5:01.93	Cindy Bertelink	14	December 1990	Etobicoke	Pepsi Canada Cup
4	5:03.35	Natalie Gallant	14	February 19-22, 2004	Halifax	Eastern Canadian Champs
5	5:03.68	Paige Hall	14	February 25, 2011	Nepean	ON Junior Provincial Champs
6	5:04.38	Katie Smith	14	March 1-4, 2001	Nepean	ON Junior Provincial Champs
7	5:06.11	Alisha Harricharan	14	December 7-10, 2006	Etobicoke	Youth Cup
8	5:06.15	Bavindeep Basra	14	December 3, 2010	Etobicoke	Youth Cup
9	5:06.26	Martine Nyhof	14	December 5, 2015	Etobicoke	Mega City
10	5:08.39	Tara Dakers	14	February 26, 2010	Etobicoke	ON Junior Provincial Champs
11	5:08.88	Blair Holmes	13	March 2-5, 2000	Etobicoke	ON Junior Provincial Champs
12	5:09.26	Brooke Hall	14	February 27, 2009	Nepean	ON Junior Provincial Champs
13	5:10.07	Cierra Glysz	13	November 30, 2012	Etobicoke	Youth Cup
14	5:10.43	Jennifer Noddle	14	February 3-6, 1994	Brantford	ON Provincial Age Group Champs
15	5:10.59	Erica Nagy	14	February 15-17, 1991	Etobicoke	ON Provincial Age Group Champs
16	5:12.43	Sophie Cieplucha	14	November 7-9, 2008	Brantford	Swim International
17	5:13.57	Hayley Lineham	13	March 2, 2012	Nepean	ON Junior Provincial Champs
18	5:16.62	Danielle Ranieri	14	February 27, 2009	Nepean	ON Junior Provincial Champs
19	5:17.14	Shailyn MacQueen	14	November 14, 2015	Etobicoke	SC Age Group International
20	5:17.41	Melissa LeBlond	13	June 24, 2017	Markham	ON Summer Festival
21	5:17.83	Kim Bacon	13	February 26, 1998	Brantford	ON Provincial Age Group Champs
22	5:17.92	Jennifer Thompson	14	December 4-7, 1986	Etobicoke	Youth Cup
23	5:18.08	Dawn Clarke	14	Season 1986		
24	5:18.08	Kate Mathewson	14	January 7, 2007	Brampton	Cash Challenge
25	5:18.66	Dayna Patterson	14	November 8-10, 1991	Brantford	Swim International