

Cobra Swim Club

10 and Under Girls LC Top 25

As of August 2025

50 Freestyle

Rk	Time	Swimmer	Age	Date	City	Meet	
1	30.75	Lori Melien	10	July 17, 1982		ON Provincial Age Group Champs	
2	31.61	Cierra Glysz	10	May 1-3, 2009	Etobicoke	Dr. Ralph Hicken Invitational	
3	31.76	Bayley Dalbec	10	July 4, 2008	Thunder Bay	ON Junior Provincial Champs	
4	32.86	Alisha Harricharan	10	July 4-7, 2002	Etobicoke	ON Junior Provincial Champs	
5	33.16	Ziva Alexander	10	January 20, 2023	Markham	MAC Winter Invitational	
6	33.46	Vivianna Choi	10	May 24, 2009	Etobicoke	Top Cup	
7	33.81	Marion Olivier	10	May 24, 2009	Etobicoke	Top Cup	
8	33.95	Mikayla Zucchet	10	June 10, 2017	Markham	Central Region Champs	relay lead
9	33.99	Simrit Grewal	10	May 27, 2017	Markham	Stingrays Invitational	relay lead
10	34.00	Abbey Clarke	10	June 9, 2017	Markham	Central Region Champs	
11	34.01	Alyssa McCallum	10	May 25, 2019	Markham	Stingrays Invitational	relay lead
12	34.05	Paige Hall	10	March 31-April 1, 2007	Waterloo	Spring Turbo Charge	
13	34.05	Lila Szabla	10	June 8, 2024	Scarborough	NYAC Performance	
14	34.14	Evren Riosa	10	January 17, 2025	Markham	MAC Winter Invitational	
15	34.16	Meagan Littlejohn	10	June 14-16, 2002	Etobicoke	Central Region Champs	
16	34.22	Drew Ashley	10	April 14, 2013	Toronto	John Grootveld Invitational	
17	34.38	Alexandra Vieira	10	February 2, 2018	Etobicoke	CR A Champs	
18	34.41	Madison Do	10	April 14, 2018	Markham	OOSC Launch Into LC	
19	34.61	Faith MacQueen	10	May 25, 2014	London	Mustang Invitational	
20	34.63	Aysan Tabrizi	10	June 29, 2012	Nepean	ON Junior Provincial Champs	
21	34.63	Danette Mairs	10	July 23-24, 1983	London	Dr. Paul Hauch Invitational	
22	34.73	Brooke Hall	10	June 20, 2005	Etobicoke	Central Region Champs	
23	34.88	Valerie Drozdowsky	10	April 2-4, 2004	Toronto	Ajax Sprint Meet	
24	34.89	Amanda Rogge	10	April 8-10, 2005	Toronto	Ajax Sprint Meet	
25	34.91	Kate Mathewson	10	June 13-15, 2003	Etobicoke	Central Region Champs	

100 Freestyle

1	1:08.05	Anne Blachford	10	June 6, 1987	Etobicoke	Seiko Cup	
2	1:08.71	Cierra Glysz	10	July 4, 2009	London	ON Junior Provincial Champs	
3	1:08.89	Lori Melien	10	July 17, 1982		ON Provincial Age Group Champs	
4	1:09.76	Laura Wise	10	May 9-11, 1997	London	Hollandia Invitational	
5	1:11.37	Bayley Dalbec	10	May 19, 2008	Etobicoke	Top Cup	
6	1:11.84	Julie Goraj	10	April 10-12, 1992	Brantford	Swim International	
7	1:11.86	Natalie Gallant	10	Season 2000			
8	1:12.33	Alisha Harricharan	10	May 19, 2002	Etobicoke	Top Cup	
9	1:12.76	Vivianna Choi	10	July 4, 2009	London	ON Junior Provincial Champs	
10	1:12.81	Heather Norris	10	Season 1992			
11	1:13.01	Paige Hall	10	May 20, 2007	Etobicoke	Top Cup	
12	1:13.57	Kim Bacon	10	June 15-18, 1995	Etobicoke	Age Group International	
13	1:14.17	Marion Olivier	10	May 1-3, 2009	Etobicoke	Dr. Ralph Hicken Invitational	
14	1:14.18	Breyahna Tyme	10	July 2, 2011	Etobicoke	ON Junior Provincial Champs	
15	1:14.21	Simrit Grewal	10	June 10, 2017	Markham	Central Region Champs	
16	1:14.37	Alana Madder	10	Season 1992			
17	1:14.92	Danette Mairs	10	June 3-5, 1983	Guelph	Guelph Invitational	
18	1:15.27	Ziva Alexander	10	January 22, 2023	Markham	MAC Winter Invitational	
19	1:15.54	Mikayla Zucchet	10	May 27, 2017	Markham	Stingrays Invitational	
20	1:16.03	Brooke Hall	10	May 7-8, 2005	St. Catharines	Brock Invitational	
21	1:16.06	Evren Riosa	10	January 19, 2025	Markham	MAC Winter Invitational	
22	1:16.19	Jacquelyn Griffin	10	Season 1996			
23	1:16.27	Faith MacQueen	10	May 24, 2014	London	Mustang Invitational	
24	1:16.41	Hannah Longpre	10	June 11, 2011	Etobicoke	Central Region Champs	
25	1:16.57	Lila Szabla	10	June 9, 2024	Scarborough	NYAC Performance	

200 Freestyle

1	2:28.31	Cierra Glysz	10	July 3, 2009	London	ON Junior Provincial Champs
2	2:32.28	Anne Blachford	10	June 27, 1987	Etobicoke	Age Group International
3	2:32.79	Paige Hall	10	July 6, 2007	Nepean	ON Junior Provincial Champs
4	2:32.93	Bayley Dalbec	10	July 4, 2008	Thunder Bay	ON Junior Provincial Champs
5	2:37.42	Lori Melien	10	July 17, 1982		ON Provincial Age Group Champs
6	2:38.09	Vivianna Choi	10	July 3, 2009	London	ON Junior Provincial Champs
7	2:41.16	Evren Riosa	10	January 18, 2025	Markham	MAC Winter Invitational
8	2:42.08	Alisha Harricharan	10	June 21, 2002	Hamilton	Jack McCormick -Gold Session
9	2:43.43	Stephanie Schweigl	10	June 10, 2012	Etobicoke	Central Region Champs
10	2:44.03	Drew Ashley	10	April 26, 2013	Etobicoke	Hicken International Swim Cup
11	2:44.33	Alisha Learning	10	April 30, 2011	Hamilton	Halton Spring Invitational
12	2:44.68	Mikayla Zucchet	10	April 21, 2017	Markham	MAC April Invitational
13	2:45.33	Martine Nyhof	10	April 1, 2012	Hamilton	GHAC Invitational
14	2:46.77	Lila Szabla	10	June 7, 2024	Scarborough	NYAC Performance
15	2:46.93	Aysan Tabrizi	10	June 29, 2012	Nepean	ON Junior Provincial Champs
16	2:47.57	Breyahna Tyme	10	July 1, 2011	Etobicoke	ON Junior Provincial Champs
17	2:47.89	Simrit Grewal	10	May 28, 2017	Markham	Stingrays Invitational
18	2:47.89	Kayleigh Bagaoisan	10	April 28, 2024	Markham	NEW April Invitational
19	2:47.91	Danicca Sinanan	10	July 6, 2007	Nepean	ON Junior Provincial Champs
20	2:47.99	Alexandra Vieira	10	February 2, 2018	Etobicoke	CR A Champs
21	2:49.58	Faith MacQueen	10	May 25, 2014	London	Mustang Invitational
22	2:49.93	Chantel Choi	10	April 7-9, 2006	Guelph	Victor Davis Memorial Cup
23	2:50.23	Abbey Clarke	10	June 11, 2017	Markham	Central Region Champs
24	2:50.43	Hannah Longpre	10	June 12, 2011	Etobicoke	Central Region Champs
25	2:50.64	Dilpreet Bhambra	10	June 16, 2013	Etobicoke	Central Region Champs

400 Freestyle

1	5:13.02	Laura Wise	10	May 24, 1997	Guelph	Guelph Invitational
2	5:17.34	Paige Hall	10	July 8, 2007	Nepean	ON Junior Provincial Champs
3	5:26.77	Julie Goraj	10	June 19, 1992	Etobicoke	Pepsi Age Group International
4	5:30.05	Mary Moukas	10	July 11, 1981		ON Provincial Age Group Champs
5	5:30.14	Heather Norris	10	July 9-12, 1992	Etobicoke	ON Provincial Age Group Champs
6	5:35.56	Bayley Dalbec	10	July 6, 2008	Thunder Bay	ON Junior Provincial Champs
7	5:36.01	Alisha Learning	10	July 3, 2011	Etobicoke	ON Junior Provincial Champs
8	5:37.49	Stephanie Schweigl	10	June 8, 2012	Etobicoke	Central Region Champs
9	5:37.56	Kim Bacon	10	June 15-18, 1995	Etobicoke	Age Group International
10	5:38.49	Marion Olivier	10	April 26, 2009	St. Catharines	Brock Invitational
11	5:40.63	Martine Nyhof	10	April 1, 2012	Hamilton	GHAC Invitational
12	5:43.70	Breyahna Tyme	10	July 3, 2011	Etobicoke	ON Junior Provincial Champs
13	5:44.35	Natalie Gallant	10	Season 2000		
14	5:44.95	Brooke Hall	10	July 10, 2005	Etobicoke	ON Junior Provincial Champs
15	5:45.06	Chantel Choi	10	June 2-4, 2006	Hamilton	Jack McCormick Invitational
16	5:45.53	Alisha Harricharan	10	July 4-7, 2002	Etobicoke	ON Junior Provincial Champs
17	5:52.08	Mikayla Zucchet	10	May 28, 2017	Markham	Stingrays Invitational
18	5:52.41	Emily Victory	10	Season 1997		
19	5:52.79	Kayleigh Bagaoisan	10	June 15, 2024	Etobicoke	ON Summer Festivals
20	5:53.60	Cierra Glysz	9	May 25, 2008	St. Catharines	PICK Nifty-Fifty
21	5:54.10	Faith MacQueen	10	May 24, 2014	London	Mustang Invitational
22	5:54.64	Dilpreet Bhambra	10	June 14, 2013	Etobicoke	Central Region Champs
23	5:55.73	Laura Clarkson	10	July 6-9, 1995	Etobicoke	ON Provincial Age Group Champs
24	5:58.79	Aysan Tabrizi	10	June 8, 2012	Etobicoke	Central Region Champs
25	5:59.47	Lila Szabla	10	June 15, 2024	Etobicoke	ON Summer Festivals

800 Freestyle

1	10:59.53	Laura Wise	10	May 25, 1997	Guelph	Guelph Invitational
2	11:10.82	Paige Hall	10	June 1, 2007	Hamilton	Jack McCormick Invitational
3	11:32.28	Cierra Glysz	10	April 26, 2009	St. Catharines	Brock Invitational
4	11:35.06	Martine Nyhof	10	March 31, 2012	Hamilton	GHAC Invitational
5	11:49.19	Breyahna Tyme	10	May 29, 2011	Waterloo	Taking up the Slack
6	12:04.22	Alisha Learning	10	May 29, 2011	Waterloo	Taking up the Slack
7	12:06.22	Chantel Choi	10	April 1-2, 2006	Waterloo	Spring Turbo Charge
8	12:13.89	Stephanie Schweigl	10	March 31, 2012	Hamilton	GHAC Invitational
9	12:20.31	Hannah Longpre	10	May 29, 2011	Waterloo	Taking up the Slack
10	12:24.74	Bayley Dalbec	10	April 27, 2008	St. Catharines	Brock Invitational
11	12:30.74	Danicca Sinanan	10	May 6, 2007	St. Catharines	Brock Invitational
12	12:31.72	Sabrina Phongphilack	10	April 4-5, 2009	Waterloo	Spring Turbo Charge
13	12:33.31	Amanda Rogge	10	April 9, 2005	Toronto	Ajax Distance Time Trial
14	12:37.53	Isabelle Francoeur	10	June 1, 2007	Hamilton	Jack McCormick Invitational
15	12:40.53	Brooke Hall	10	April 9, 2005	Toronto	Ajax Distance Time Trial
16	13:08.09	Marion Olivier	9	April 27, 2008	St. Catharines	Brock Invitational
17	13:08.35	Miranda White	10	May 29-30, 2010	Waterloo	Taking up the Slack
18	13:12.28	Amanda Campbell	10	May 11, 2008	Guelph	GMAC Super Sunday
19	13:15.35	Emily Joy	10	April 30, 2006	St. Catharines	Brock Invitational
20	13:23.88	Fiona Way	10	April 30, 2006	St. Catharines	Brock Invitational
21	13:29.45	Vivianna Choi	9	May 11, 2008	Guelph	GMAC Super Sunday
22	13:47.80	Tara Dakers	10	May 8, 2005	St. Catharines	Brock Invitational
23	13:50.26	Brooke Ranieri	10	April 1, 2007	Waterloo	Spring Turbo Charge
24	14:09.18	Katrina Bhagaloo	10	April 1, 2007	Waterloo	Spring Turbo Charge
25	15:15.00	Nathalie Gauthier	10	April 9, 2005	Toronto	Ajax Distance Time Trial

1500 Freestyle

1	21:27.95	Marion Olivier	10	April 25, 2009	St. Catharines	Brock Invitational
2	21:47.60	Paige Hall	10	May 5, 2007	St. Catharines	Brock Invitational
3	22:23.65	Chantel Choi	10	June 2, 2006	Hamilton	Jack McCormick Invitational
4	25:16.06	Isabelle Francoeur	10	May 5, 2007	St. Catharines	Brock Invitational

50 Backstroke

1	36.44	Laura Wise	10	March 23, 1997	Guelph	Guelph Invitational	
2	36.56	Cierra Glysz	10	June 5, 2009	Etobicoke	Age Group International	
3	37.46	Bayley Dalbec	10	May 19, 2008	Etobicoke	Top Cup	
4	37.47	Paige Hall	10	May 5, 2007	Nepean	ON Junior Provincial Champs	relay lead
5	37.96	Simrit Grewal	10	June 11, 2017	Markham	Central Region Champs	relay lead
6	38.67	Marion Olivier	10	May 1, 2009	Etobicoke	Dr. Ralph Hicken Invitational	
7	39.29	Madison Do	10	April 13, 2018	Markham	OOSC Launch Into LC	
8	39.63	Lori Melien	10	June 19, 1982			
9	39.65	Kayleigh Bagaoisan	10	June 7, 2024	Scarborough	NYAC Performance	
10	39.96	Ziva Alexander	10	January 21, 2023	Markham	MAC Winter Invitational	
11	40.09	Abbey Clarke	10	May 14, 2017	Etobicoke	Top Cup	
12	40.24	Alexandra Vieira	10	May 28, 2017	Markham	Stingrays Invitational	relay lead
13	40.55	Aysan Tabrizi	10	June 10, 2012	Etobicoke	Central Region Champs	relay lead
14	40.61	Vivianna Choi	10	May 1, 2009	Etobicoke	Dr. Ralph Hicken Invitational	
15	40.78	Valerie Drozdowsky	10	June 11-14, 2004	Etobicoke	Central Region Champs	
16	40.93	Meagan Littlejohn	10	June 14-16, 2002	Etobicoke	Central Region Champs	
17	41.20	Danette Mairs	10	June 11-12, 1983	Toronto	Central Region Champs	
18	41.43	Charlotte Reed	10	May 11, 2025	Etobicoke	Top Cup	
19	41.56	Evren Riosa	10	January 18, 2025	Markham	MAC Winter Invitational	
20	41.71	Dilpreet Bhambra	10	April 27, 2013	Etobicoke	Hicken International Swim Cup	
21	41.85	Danicca Sinanan	10	May 20, 2007	Etobicoke	Top Cup	
22	41.87	Natalie Lukovic	10	July 10-12, 2003	Bufalo	Star Swimming Invitational	
23	41.93	Olivia Chua	10	June 4, 2023	Etobicoke	Age Group International	
24	42.06	Mikayla Zucchet	10	March 4, 2017	Etobicoke	CR A Champs	split
25	42.23	Breyahna Tyme	10	July 3, 2011	Etobicoke	ON Junior Provincial Champs	split

100 Backstroke

1	1:17.09	Bayley Dalbec	10	July 3, 2008	Thunder Bay	ON Junior Provincial Champs	
2	1:17.48	Cierra Glysz	10	July 2, 2009	London	ON Junior Provincial Champs	
3	1:18.91	Paige Hall	10	July 5, 2007	Nepean	ON Junior Provincial Champs	
4	1:20.45	Laura Wise	10	April 5, 1997	Etobicoke	Pentathlon	
5	1:21.47	Lori Melien	10	July 17, 1982		ON Provincial Age Group Champs	
6	1:22.08	Breyahna Tyme	10	June 30, 2011	Etobicoke	ON Junior Provincial Champs	
7	1:22.68	Marion Olivier	10	May 1-3, 2009	Etobicoke	Dr. Ralph Hicken Invitational	
8	1:22.72	Julie Goraj	10	June 19, 1992	Etobicoke	Pepsi Age Group International	
9	1:24.65	Simrit Grewal	10	April 22, 2017	Markham	MAC April Invitational	
10	1:24.75	Vivianna Choi	10	July 2, 2009	London	ON Junior Provincial Champs	
11	1:25.46	Kayleigh Bagaoisan	10	June 8, 2024	Scarborough	NYAC Performance	
12	1:25.65	Alexandra Vieira	10	February 4, 2018	Etobicoke	CR A Champs	
13	1:26.53	Abbey Clarke	10	March 4, 2017	Etobicoke	CR A Champs	
14	1:26.63	Martine Nyhof	10	April 1, 2012	Hamilton	GHAC Invitational	
15	1:26.92	Kim Bacon	10	Season 1995			
16	1:27.50	Madison Do	10	April 15, 2018	Markham	OOSC Launch Into LC	
17	1:27.59	Danicca Sinanan	10	May 19, 2007	Etobicoke	Top Cup	
18	1:27.62	Dilpreet Bhambra	10	June 16, 2013	Etobicoke	Central Region Champs	
19	1:27.82	Amanda Rogge	10	April 8-10, 2005	Toronto	Ajax Sprint Meet	
20	1:27.88	Jennifer Zhang	10	June 16, 2013	Etobicoke	Central Region Champs	
21	1:27.89	Kaylee Dakers	9	March 23-25, 2001	Guelph	Victor Davis Memorial Cup	
22	1:28.34	Pauleanna Reid	10	Season 1998			
23	1:28.34	Brittanie Semper	10	Season 1999			
24	1:28.45	Amanda Campbell	10	May 18, 2008	Etobicoke	Top Cup	
25	1:28.49	Mikayla Zucchet	10	May 13, 2017	Etobicoke	Top Cup	

200 Backstroke

1	2:47.68	Paige Hall	10	July 8, 2007	Nepean	ON Junior Provincial Champs
2	2:48.07	Cierra Glysz	10	July 5, 2009	London	ON Junior Provincial Champs
3	2:50.36	Laura Wise	10	May 10, 1997	London	Hollandia Invitational
4	2:50.52	Bayley Dalbec	10	July 6, 2008	Thunder Bay	ON Junior Provincial Champs
5	2:52.57	Breyahna Tyme	10	July 3, 2011	Etobicoke	ON Junior Provincial Champs
6	2:56.04	Lori Melien	10	July 17, 1982		ON Provincial Age Group Champs
7	2:57.43	Marion Olivier	10	April 26, 2009	St. Catharines	Brock Invitational
8	2:58.70	Evren Riosa	10	March 2, 2025	Markham	ON Winter Age Groups
9	2:58.85	Martine Nyhof	10	March 31, 2012	Hamilton	GHAC Invitational
10	3:00.26	Kayleigh Bagoaisan	10	June 16, 2024	Etobicoke	ON Summer Festivals
11	3:00.54	Danicca Sinanan	10	July 8, 2007	Nepean	ON Junior Provincial Champs
12	3:01.72	Alexandra Vieira	10	February 3, 2018	Etobicoke	CR A Champs
13	3:05.56	Vivianna Choi	10	April 26, 2009	St. Catharines	Brock Invitational
14	3:05.74	Lucy Liu	10	June 10, 2017	Markham	Central Region Champs
15	3:05.82	Mikayla Zucchet	10	January 28, 2017	Markham	Mallards Winter Invitational
16	3:06.33	Kaylee Dakers	10	June 22-25, 2001	Etobicoke	Central Region Champs
17	3:06.41	Alisha Learning	10	July 3, 2011	Etobicoke	ON Junior Provincial Champs
18	3:06.68	Abbey Clarke	10	April 8, 2017	Markham	Mallards LC Challenge
19	3:06.75	Auralie Reed	10	February 2, 2019	Etobicoke	CR A Champs
20	3:07.46	Dilpreet Bhambra	10	April 26, 2013	Etobicoke	Hicken International Swim Cup
21	3:08.55	Amelia Peron	10	April 14, 2019	Markham	MAC April Invitational
22	3:08.63	Katrina Bhagaloo	10	June 15-18, 2007	Etobicoke	Central Region Champs
23	3:09.33	Stephanie Schweigl	10	June 9, 2012	Etobicoke	Central Region Champs
24	3:09.58	Simrit Grewal	10	January 28, 2017	Markham	Mallards Winter Invitational
25	3:11.83	Jennifer Zhang	10	April 26, 2013	Etobicoke	Hicken International Swim Cup

50 Breaststroke

1	38.36	Audrey Ganif	10	June 2, 1991	Etobicoke	Youth Cup
2	39.86	Karyn Hatton	10	May 2, 1981		
3	41.83	Cierra Glysz	10	May 1, 2009	Etobicoke	Dr. Ralph Hicken Invitational
4	41.88	Ziva Alexander	10	January 22, 2023	Markham	MAC Winter Invitational
5	43.68	Vivianna Choi	10	July 2, 2009	London	ON Junior Provincial Champs
6	43.69	Drew Ashley	10	May 11, 2013	Etobicoke	Top Cup
7	43.72	Emily Joy	10	July 6, 2006	Nepean	ON Junior Provincial Champs
8	44.09	Alisha Harricharan	10	April 5-7, 2002	Toronto	Ajax Sprint Invitational
9	44.12	Olivia Chua	10	June 2, 2023	Etobicoke	Age Group Inyernational
10	44.26	Katrina Bhagaloo	10	July 5, 2007	Nepean	ON Junior Provincial Champs
11	44.53	Kaylee Dakers	10	May 27, 2001	Etobicoke	Top Cup
12	44.89	Evren Riosa	10	January 19, 2025	Markham	MAC Winter Invitational
13	45.11	Danette Mairs	10	June 11-12, 1983	Toronto	Central Region Champs
14	45.56	Madison Do	10	April 13, 2018	Markham	OOSC Launch Into LC
15	45.83	Jasmine Mann	10	July 4-7, 2002	Etobicoke	ON Junior Provincial Champs
16	46.00	Hannah Longpre	10	May 14, 2011	Etobicoke	Top Cup
17	46.42	Marion Olivier	10	May 1, 2009	Etobicoke	Dr. Ralph Hicken Invitational
18	46.51	Tavinder Pourawal	10	June 8, 2012	Etobicoke	Central Region Champs
19	46.52	Breyahna Tyme	10	May 14, 2011	Etobicoke	Top Cup
20	46.53	Alexandra Vieira	10	June 9, 2017	Markham	Central Region Champs
21	46.81	Chantel Choi	10	June 2, 2006	Hamilton	Jack McCormick Invitational
22	46.87	Dieta Jones-Baumgardt	10	May 28, 2004	Hamilton	Jack McCormick Invitational
23	47.07	Hana Ligata	10	May 26, 2023	Etobicoke	Central Region Champs
24	47.40	Sophie Uusitalo	10	May 13, 2017	Etobicoke	Top Cup
25	47.48	Meghan Reidy	10	June 14-16, 2002	Etobicoke	Central Region Champs

100 Breaststroke

1	1:23.80	Anne Blachford	10	July 10-12, 1987 Etobicoke	ON Provincial Age Group Champs CAN Rec
2	1:27.68	Kim Bacon	10	July 6-9, 1995 Etobicoke	ON Provincial Age Group Champs
3	1:28.53	Karyn Hatton	10	May 2, 1981	
4	1:30.51	Cierra Glysz	10	May 1-3, 2009 Etobicoke	Dr. Ralph Hicken Invitational
5	1:31.18	Laura Wise	10	Season 1997	
6	1:33.04	Ziva Alexander	10	January 21, 2023 Markham	MAC Winter Invitational
7	1:33.54	Vivianna Choi	10	July 2, 2009 London	ON Junior Provincial Champs
8	1:33.92	Drew Ashley	10	April 26, 2013 Etobicoke	Hicken International Swim Cup
9	1:34.09	Evren Riosa	10	March 1, 2025 Markham	ON Winter Age Groups
10	1:34.65	Hannah Longpre	10	June 11, 2011 Etobicoke	Central Region Champs
11	1:34.77	Kaylee Dakers	10	June 22-24, 2001 Etobicoke	Central Region Champs
12	1:35.61	Katrina Bhagaloo	10	July 8, 2007 Nepean	ON Junior Provincial Champs
13	1:35.79	Alexandra Vieira	10	February 4, 2018 Etobicoke	CR A Champs
14	1:36.17	Olivia Chua	10	June 15, 2023 Etobicoke	ON Summer Festival Champs
15	1:36.31	Jasmine Mann	10	June 14-16, 2002 Etobicoke	Central Region Champs
16	1:36.82	Madison Do	10	February 4, 2018 Etobicoke	CR A Champs
17	1:36.87	Julie Goraj	10	Season 1992	
18	1:37.28	Emily Joy	10	July 9, 2006 Nepean	ON Junior Provincial Champs
19	1:37.33	Sophie Uusitalo	10	May 28, 2017 Markham	Stingrays Invitational
20	1:37.89	Danette Mairs	10	July 15-17, 1983 Nepean	ON Provincial Age Group Champs
21	1:38.65	Katie Smith	10	May 10-12, 1996 Etobicoke	Dr. Ralph Hicken Invitational
22	1:38.70	Lisa Noddle	10	Season 1978	
23	1:39.12	Tara Dakers	10	May 13-15, 2005 Sudbury	Eastside Mario's Invitational
24	1:39.15	Breyahna Tyme	10	May 15, 2011 Etobicoke	Top Cup
25	1:39.31	Scarlytt Vande Vooren	10	June 8, 2019 Markham	Central Region Champs

200 Breaststroke

1	3:06.34	Anne Blachford	10	July 10-12, 1987 Etobicoke	ON Provincial Age Group Champs
2	3:13.95	Karyn Hatton	10	May 10, 1981	
3	3:17.50	Evren Riosa	10	February 28, 2025 Markham	ON Winter Age Groups
4	3:18.10	Ziva Alexander	10	January 22, 2023 Markham	MAC Winter Invitational
5	3:18.94	Katrina Bhagaloo	10	June 1-3, 2007 Hamilton	Jack McCormick Invitational
6	3:19.14	Kaylee Dakers	10	June 22-24, 2001 Etobicoke	Central Region Champs
7	3:23.60	Hannah Longpre	10	April 30, 2011 Hamilton	Halton Spring Invitational
8	3:24.29	Cierra Glysz	10	April 26, 2009 St. Catharines	Brock Invitational
9	3:26.66	Jasmine Mann	10	June 14-16, 2002 Etobicoke	Central Region Champs
10	3:27.43	Chantel Choi	10	April 7-9, 2006 Guelph	Victor Davis Memorial Cup
11	3:29.40	Marion Olivier	10	April 26, 2009 St. Catharines	Brock Invitational
12	3:29.68	Vivianna Choi	10	April 26, 2009 St. Catharines	Brock Invitational
13	3:30.34	Danette Mairs	10	June 3-5, 1983 Guelph	Guelph Invitational
14	3:31.67	Madison Do	10	April 15, 2018 Markham	OOSC Launch Into LC
15	3:31.89	Tara Dakers	10	May 13-15, 2005 Sudbury	Eastside Mario's Invitational
16	3:33.31	Sophie Uusitalo	10	January 29, 2017 Markham	Mallards Winter Invitational
17	3:34.66	Alisha Harricharan	10	May 4-5, 2002 St. Catharines	Brock Invitational
18	3:35.48	Paige Hall	10	June 1-3, 2007 Hamilton	Jack McCormick Invitational
19	3:37.64	Emily Joy	10	April 1-2, 2006 Waterloo	Spring Turbo Charge
20	3:40.28	Simrit Grewal	10	January 29, 2017 Markham	Mallards Winter Invitational
21	3:42.25	Dieta Jones-Baumgardt	10	June 11-13, 2004 Etobicoke	Central Region Champs
22	3:43.10	Olivia Chua	10	April 29, 2023 Markham	NEW Spring Invitational
23	3:43.53	Valerie Drozdowsky	10	May 28-30, 2004 Hamilton	Jack McCormick Invitational
24	3:44.39	Sabrina Phongphilack	10	April 26, 2009 St. Catharines	Brock Invitational
25	3:44.90	Manmeet Bhambra	10	April 23, 2016 Markham	MAC April Invitational

50 Butterfly

1	34.35	Anne Blachford	10	June 27, 1987	Etobicoke	Age Group International
2	34.49	Marion Olivier	10	May 25, 2009	Etobicoke	Top Cup
3	34.57	Cierra Glysz	10	May 25, 2009	Etobicoke	Top Cup
4	35.35	Brooke Hall	10	July 9, 2005	Etobicoke	ON Junior Provincial Champs
5	36.11	Alisha Harricharan	10	July 4-7, 2002	Etobicoke	ON Junior Provincial Champs
6	36.91	Meagan Littlejohn	10	May 17-19, 2002	Etobicoke	Top Cup
7	37.16	Kate Mathewson	10	May 23, 2003	Hamilton	Jack McCormick Invitational
8	37.23	Lori Melien	10	June 19, 1982		
9	37.28	Paige Hall	10	May 20, 2007	Etobicoke	Top Cup
10	37.61	Valerie Drozdowsky	10	June 11-13, 2004	Etobicoke	Central Region Champs
11	38.14	Abbey Clarke	10	June 10, 2017	Markham	Central Region Champs
12	38.17	Mikayla Zucchet	10	June 10, 2017	Markham	Central Region Champs
13	38.20	Ziva Alexander	10	June 19, 2022	Etobicoke	ON Summer Festival Champs
14	38.54	Breyahna Tyme	10	May 15, 2011	Etobicoke	Top Cup
15	39.48	Annie Li	10	May 12, 2013	Etobicoke	Top Cup
16	39.61	Aysan Tabrizi	10	June 30, 2012	Nepean	ON Junior Provincial Champs
17	39.75	Vivianna Choi	10	May 25, 2009	Etobicoke	Top Cup
18	39.88	Melissa LeBlonc	10	May 23, 2014	London	Mustang Invitational
19	39.96	Lila Szabla	10	May 3, 2024	Etobicoke	Dr. Ralph Hicken Invitational
20	40.09	Simrit Grewal	10	April 22, 2017	Markham	MAC April Invitational
21	40.15	Erica Nagy	8	June 8, 1985		
22	40.24	Gia Dsouza	9	June 21, 2025	Markham	CR Div1 Champs
23	40.56	Natalie Lukovic	10	July 10-12, 2003	Buffalo	Star Swimming Invitational
24	40.88	Drew Ashley	10	May 12, 2013	Etobicoke	Top Cup
25	41.00	Ashley Beckles	10	May 20, 2007	Etobicoke	Top Cup

100 Butterfly

1	1:15.00	Anne Blachford	10	July 10-12, 1987	Etobicoke	ON Provincial Age Group Champs
2	1:17.82	Marion Olivier	10	May 23-25, 2009	Etobicoke	Top Cup
3	1:18.39	Paige Hall	10	July 5, 2007	Nepean	ON Junior Provincial Champs
4	1:20.88	Cierra Glysz	10	June 4-7, 2009	Etobicoke	Age Group International
5	1:20.94	Laura Wise	10	April 4-6, 1997	Etobicoke	Pentathlon
6	1:21.45	Kim Bacon	10	June 15-18, 1995	Etobicoke	Age Group International
7	1:21.45	Brooke Hall	10	July 7, 2005	Etobicoke	ON Junior Provincial Champs
8	1:21.56	Alana Madder	10	April 3-5, 1992	Toronto	Ajax Sprint Meet
9	1:22.51	Heather Norris	10	July 9-12, 1992	Etobicoke	ON Provincial Age Group Champs
10	1:22.71	Jennifer Thompson	10	May 3, 1982		
11	1:23.88	Alisha Harricharan	10	July 4-7, 2002	Etobicoke	ON Junior Provincial Champs
12	1:24.21	Julie Goraj	10	Season 1992		
13	1:26.44	Annie Li	10	May 11, 2013	Etobicoke	Top Cup
14	1:26.45	Natalie Gallant	10	Season 2000		
15	1:26.52	Kate Mathewson	10	June 26-29, 2003	Brantford	ON Junior Provincial Champs
16	1:27.70	Lenore Doucette	9	Season 1978		
17	1:28.74	Pauleanna Reid	10	Season 1998		
18	1:28.91	Zoey Meads	10	February 3, 2018	Etobicoke	CR A Champs
19	1:28.97	Valerie Drozdowsky	10	June 24-27, 2004	Nepean	ON Junior Provincial Champs
20	1:29.27	Faith MacQueen	10	May 25, 2014	London	Mustang Invitational
21	1:29.94	Martine Nyhof	10	March 31, 2012	Hamilton	GHAC Invitational
22	1:30.03	Emily Victory	10	Season 1997		
23	1:30.23	Lila Szabla	10	June 7, 2024	Scarborough	NYAC Performance
24	1:31.12	Bayley Dalbec	10	May 17-19, 2008	Etobicoke	Top Cup
25	1:31.46	Melissa LeBlonc	10	June 15, 2014	Toronto	Central Region Champs

200 Butterfly

1	2:55.65	Cierra Glysz	10	June 5, 2009	Etobicoke	Age Group International
2	2:57.66	Marion Olivier	10	April 26, 2009	St. Catharines	Brock Invitational
3	2:58.06	Paige Hall	10	May 6, 2007	St. Catharines	Brock Invitational
4	3:11.20	Emily Victory	10	June 10, 1997		
5	3:18.01	Faith MacQueen	10	May 3, 2014	Windsor	Amanda Reason Invitational
6	3:18.32	Alisha Harricharan	10	June 21, 2002	Hamilton	Jack McCormick -Gold Session
7	3:20.78	Laura Wise	10	May 24, 1997	Guelph	Guelph Invitational
8	3:26.20	Brooke Hall	10	May 8, 2005	St. Catharines	Brock Invitational
9	3:41.63	Chantel Choi	10	April 30, 2006	St. Catharines	Brock Invitational
10	3:45.66	Isabelle Francoeur	10	June 1-3, 2007	Hamilton	Jack McCormick Invitational
11	4:02.64	Ava Chan	9	April 27, 2024	St. Catharines	Brock Invitational
12	4:09.26	Sabrina Phongphilack	10	April 26, 2009	St. Catharines	Brock Invitational
13	4:16.44	Mikayla Zucchat	10	January 28, 2017	Markham	Mallards Winter Invitational
14	4:30.91	Chloe Francoeur	10	April 26, 2009	St. Catharines	Brock Invitational

200 Individual Medley

1	2:46.42	Cierra Glysz	10	July 4, 2009	London	ON Junior Provincial Champs
2	2:47.44	Anne Blachford	10	July 10-12, 1987	Etobicoke	ON Provincial Age Group Champs
3	2:49.49	Paige Hall	10	July 7, 2007	Nepean	ON Junior Provincial Champs
4	2:50.10	Laura Wise	10	May 9-11, 1997	London	Hollandia Invitational
5	2:52.77	Marion Olivier	10	May 24, 2009	Etobicoke	Top Cup
6	2:54.93	Martine Nyhof	10	March 31, 2012	Hamilton	GHAC Invitational
7	2:55.22	Julie Goraj	10	May 28-31, 1992	Toronto	Youth Cup 2
8	2:55.62	Kim Bacon	10	July 6-9, 1995	Etobicoke	ON Provincial Age Group Champs
9	2:57.14	Lori Melien	10	July 17, 1982		ON Provincial Age Group Champs
10	2:58.23	Bayley Dalbec	10	May 18, 2008	Etobicoke	Top Cup
11	2:59.78	Breyahna Tyme	10	May 14, 2011	Etobicoke	Top Cup
12	3:00.59	Vivianna Choi	10	May 24, 2009	Etobicoke	Top Cup
13	3:01.54	Evren Riosa	10	January 17, 2025	Markham	MAC Winter Invitational
14	3:03.04	Simrit Grewal	10	May 13, 2017	Etobicoke	Top Cup
15	3:03.43	Amanda Rogge	10	April 8-10, 2005	Toronto	Ajax Sprint Meet
16	3:04.66	Brooke Hall	10	June 17-20, 2005	Etobicoke	Central Region Champs
17	3:04.68	Alisha Harricharan	10	April 5-7, 2002	Toronto	Ajax Sprint Invitational
18	3:04.93	Natalie Gallant	10	Season 2000		
19	3:04.96	Kaylee Dakers	10	June 22-24, 2001	Etobicoke	Central Region Champs
20	3:05.61	Mikayla Zucchet	10	May 27, 2017	Markham	Stingrays Invitational
21	3:07.13	Danette Mairs	10	June 11-12, 1983	Toronto	Central Region Champs
22	3:07.31	Alexandra Vieira	10	February 4, 2018	Etobicoke	CR A Champs
23	3:07.84	Kayleigh Bagaoisan	10	May 11, 2024	Etobicoke	Top Cup
24	3:08.38	Stephanie Schweigl	10	June 8, 2012	Etobicoke	Central Region Champs
25	3:08.76	Hannah Longpre	10	June 10, 2011	Etobicoke	Central Region Champs

400 Individual Medley

1	5:58.01	Cierra Glysz	10	June 6, 2009 Etobicoke	Age Group International
2	6:04.56	Paige Hall	10	May 5, 2007 St. Catharines	Brock Invitational
3	6:07.02	Laura Wise	10	May 25, 1997 Guelph	Guelph Invitational
4	6:21.94	Martine Nyhof	10	April 1, 2012 Hamilton	GHAC Invitational
5	6:36.53	Chantel Choi	10	April 29, 2006 St. Catharines	Brock Invitational
6	6:39.08	Faith MacQueen	10	May 23, 2014 London	Mustang Invitational
7	6:43.98	Alisha Harricharan	10	May 4-5, 2002 St. Catharines	Brock Invitational
8	6:52.55	Bayley Dalbec	10	April 26, 2008 St. Catharines	Brock Invitational
9	6:52.82	Marion Olivier	9	April 26, 2008 St. Catharines	Brock Invitational
10	6:55.37	Stephanie Schweigl	10	April 1, 2012 Hamilton	GHAC Invitational
11	7:01.68	Sabrina Phongphilack	10	April 25, 2009 St. Catharines	Brock Invitational
12	7:03.23	Emily Joy	10	April 29, 2006 St. Catharines	Brock Invitational
13	7:04.78	Danicca Sinanan	10	May 5, 2007 St. Catharines	Brock Invitational
14	7:06.29	Valerie Drozdowsky	10	May 15-17, 2004 Toronto	NYAC May Performance
15	7:06.29	Fiona Way	10	April 29, 2006 St. Catharines	Brock Invitational
16	7:23.07	Katrina Bhagaloo	10	March 31, 2007 Waterloo	Spring Turbo Charge
17	7:54.12	Ellen Zagar	10	April 25, 2009 St. Catharines	Brock Invitational